

# CROSS COUNTRY

NOVEMBER 5, 2016 \* LANE COMMUNITY COLLEGE \* EUGENE

2016-17

**OSAA**

**State**

**Championships**

[www.osaa.org](http://www.osaa.org)



# Best Tire Value **PROMISE**

WITH EVERY PASSENGER & LIGHTTRUCK TIRE PURCHASE

Whatever the road throws at you, from potholes to nails –  
any road hazard, our **FREE GUARANTEE** protects you



Doing the right thing matters.®

## 107 Oregon locations to serve you!

Over 455 stores throughout the West • [www.LesSchwab.com](http://www.LesSchwab.com)

TIRES • BRAKES • SHOCKS • ALIGNMENTS • WHEELS • SUSPENSIONS • BATTERIES

# OSAA / U.S. BANK / LES SCHWAB TIRES STATE CHAMPIONSHIPS



Welcome to the OSAA / U.S. Bank / Les Schwab Tires State Championships!

At the OSAA we believe high school activities provide opportunities for young people to receive a well-rounded education that challenges both mind and body. These opportunities enrich and expand our students' school experience and help them become contributing members of society.

Participation in activities teaches students how to be part of a team; the meaning of respect for themselves and others; and skills like grit, resilience, patience and the ability to collaborate with peers. They also learn how to fail and, more importantly, how to turn setbacks into success through effort.

Congratulations to all students, coaches, schools and communities who earned the right to participate in this state championship! And a special thanks to U.S. Bank and Les Schwab Tires for sharing our belief in the value of high school activities through their continued financial commitment. Together, we remain steadfast in our efforts to provide opportunities for today's students to experience these valuable lessons.

Thank you for your continued support of Oregon high school activities!

**Peter Weber**  
Executive Director, OSAA



On behalf of U.S. Bank, welcome to today's Oregon School Activities Association state championship!

We believe in building strong communities where we live and work. One way we demonstrate this commitment in Oregon is by supporting OSAA programs, which promote leadership, teamwork and sportsmanship in young people. Since 1984, U.S. Bank has been proud to support the OSAA and its 290 member schools, with more than four million dollars in contributions to date.

We extend our congratulations to all of the participants, coaches, families and fans here today. We look forward to our continued partnership with you in support of Oregon's young people

**Stacey Dodson**  
President, U.S. Bank  
Portland and Southwest Washington



## Welcome!

Whether students are shooting for the hoop, singing in the choir, marching in time or aiming for the end zone, they are practicing skills that will serve them well in school, on the job and in life.

Today, throughout the state there are 290 high schools serving over 180,000 students. These schools help provide valuable education for our youth both in and outside the classroom to help make Oregon a better place to live. Thank you for being here and for supporting our great young people.

At Les Schwab Tire Centers, we are proud of the players and performers of the OSAA. We are also excited to celebrate our 15th year of being a title sponsor. We believe in supporting students as they learn about commitment, hard work and serving the community — values the company believes in.

**Teamwork. Responsibility.  
Accomplishment.**



# ACHIEVING GOALS



**LES SCHWAB TIRES ARE PROUD TO BE A TITLE SPONSOR OF THE  
OSAA STATE CROSS COUNTRY CHAMPIONSHIPS**

**TEAMWORK | RESPONSIBILITY | ACCOMPLISHMENT**

Whether students are shooting for the hoop, singing in choir, marching in time or aiming for the end zone, they are practicing skills that will serve them well in school, on the job and in life.

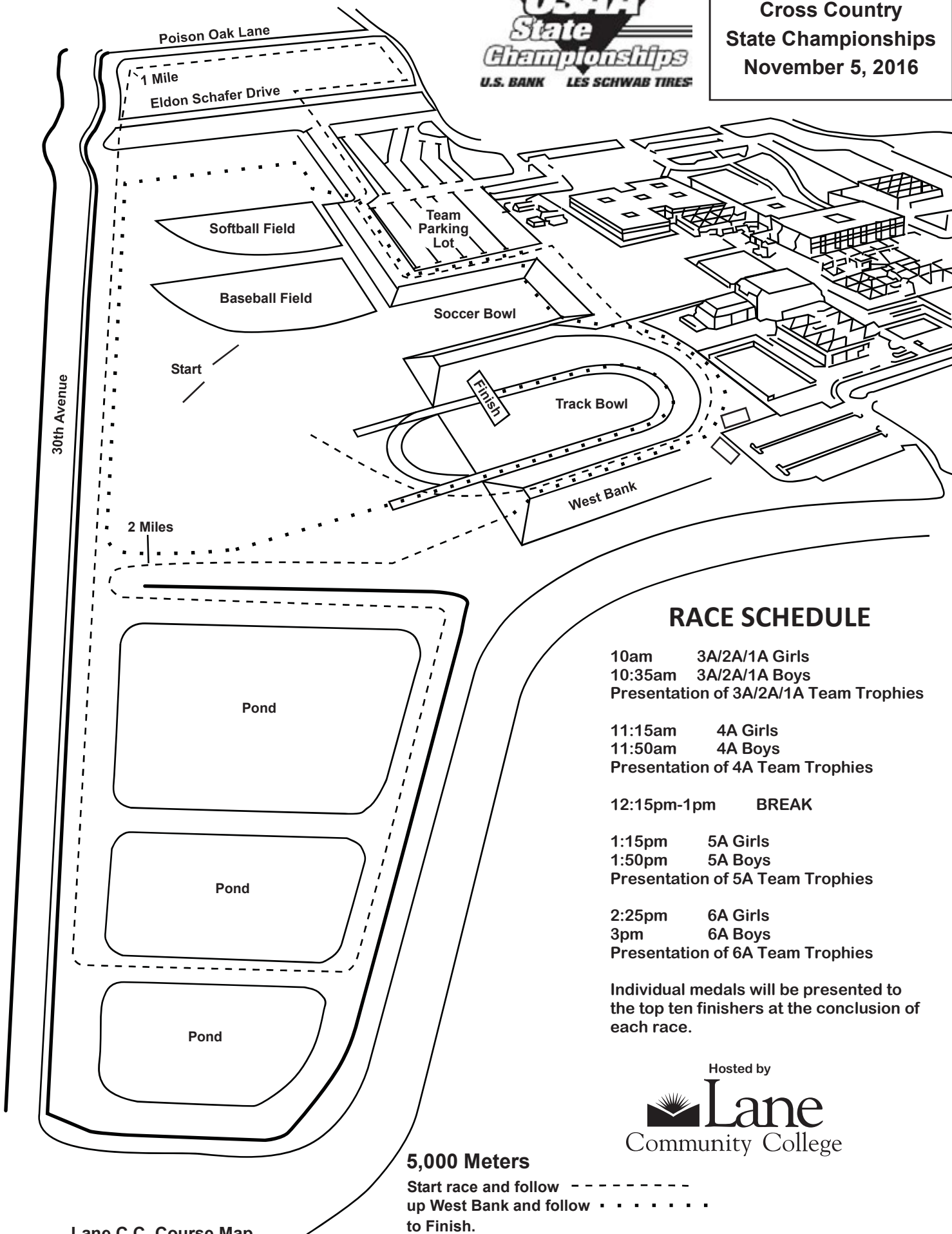
Les Schwab Tire Centers are proud of the players and performers of the Oregon School Activities Association. We believe in supporting students as they learn about commitment, hard work and serving the community – values the company believes in. We're glad to be a title sponsor of the OSAA, helping students get the chance to participate in the state playoffs and championships.

**THANK YOU FOR SUPPORTING OUR GREAT, YOUNG PEOPLE.**



**Doing the right thing matters.®**

107 Oregon locations to serve you! • Over 450 stores throughout the West • [www.LesSchwab.com](http://www.LesSchwab.com)



**RACE SCHEDULE**

- 10am 3A/2A/1A Girls
- 10:35am 3A/2A/1A Boys
- Presentation of 3A/2A/1A Team Trophies
  
- 11:15am 4A Girls
- 11:50am 4A Boys
- Presentation of 4A Team Trophies
  
- 12:15pm-1pm BREAK
  
- 1:15pm 5A Girls
- 1:50pm 5A Boys
- Presentation of 5A Team Trophies
  
- 2:25pm 6A Girls
- 3pm 6A Boys
- Presentation of 6A Team Trophies

Individual medals will be presented to the top ten finishers at the conclusion of each race.

Hosted by  
 **Lane**  
 Community College

**5,000 Meters**  
 Start race and follow -----  
 up West Bank and follow .....  
 to Finish.

Lane C.C. Course Map

# POP QUIZ:

Why do top athletes  
drink milk?

- a) Nutrients
- b) Protein
- c) Fueling and refueling
- d) Performance
- e) Hydration

Answer: All the above.

Learn how milk makes  
the grade at:  
[osaa.org/health-safety](http://osaa.org/health-safety)





## Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1

Wilsonville, OR 97070

503.682.6722 fax: 503.682.0960 [www.osaa.org](http://www.osaa.org)



### **OSAA**

Peter Weber, Executive Director  
Brad Garrett, Assistant Exec Director  
Kris Welch, Assistant Exec Director  
Candy Posey, Office Manager

### **Meet Director**

Grady O'Connor

### **Assistant Meet Director**

Mike Zimmerman

### **Meet Referee**

Mike Olsen

### **Public Address**

Matt Jarvis

### **Starters**

Larry Byerly  
Jerry Jackson  
Michael Jackson

### **Meet Scorer/Finish Coordinator**

William Wyckoff  
Eclectic Edge Events

### **Course Marshalls**

Colin McArthur  
Dan West  
Sky Short  
Linsey Haxby  
Brian Schaudt

### **Finish Judge/Awards**

Dale Settje

### **Video Coordinator**

Linda Settje

### **Course Monitors**

Lane CC Track & Field Team

### **Top 10 Clerk**

Jenifer Pleus

### **Coaches Advisory Committee**

6A – Greg Letts – Centennial HS  
5A – David Barkley – Wilsonville HS  
4A – Chris Johnson – Siuslaw HS  
3A – Scott Ball – Westside Christian  
2A – Steve Ritchie – Kennedy HS  
1A – Steve Hills – Southwest Christian

### **Ambulance**

Eugene EMS

### **Athletic Training Coordinator**

Scott Garner

### **Ticket Coordinator**

Candy Posey  
Sharon Foster



Special thanks to  
Lane Community  
College for  
hosting the event.

Health plans  
for every body

moda



Medical  
Pharmacy  
Dental  
Vision  
Medicare

[modahealth.com](http://modahealth.com)



#opreps

**SUN DAY**  
**MON DAY**  
**TUES DAY**  
**WEDNES DAY**  
**THURS DAY**  
**GAME DAY**

Who's dominating? Who's a force to watch? Get the story on OREGONLIVE, with statewide high school sports coverage all week long.

**Follow Oregon's top teams and student athletes with:**

- ★ game previews and live coverage
- ★ player and team rankings
- ★ exclusive photos and videos
- ★ reader polls and more

And on Fridays, get the view from the field with in-depth reporting from our Game of the Week.

Catch This Week's Action:

**OREGONLIVE.COM/prep**

**P•R•E•P**  
**SPORTS**

The Oregonian OREGONLIVE



# 3 A / 2 A / 1 A G I R L S E N T R I E S

**SCHOOL (Coach)**

No.	Runner	Yr.	Place
-----	--------	-----	-------

"Place" = runner's finish at district meet.

**BANDON (Brent Hutton)**

1	Isabella Bean	9	36
2	Rylie Houck	10	33
3	Sailor Hutton	11	1
4	Emily Moore	11	23
5	Shelby Waterman	10	12
6	Hannah Wayne	9	17
7	Helen Wayne	12	16

**CATLIN GABEL (Anna Connor)**

8	Haley Bernard	10	16
9	Lillian Fenner	9	3
10	Zaidie Long	10	9
11	Grace Masback	12	4
12	Maya Rayle	11	2
13	Samantha Slusher	12	7
14	Kiran Weasel	9	15

**CENTRAL LINN (Johnna Neal)**

15	Jessica Neal	10	2
----	--------------	----	---

**COQUILLE (Heather Delaney)**

16	Josey Kaufman	11	2
----	---------------	----	---

**CRESWELL (Chris Petford)**

17	Katie Campbell	12	21
18	Natalie Campbell	10	18
19	Freya DeMasters	10	8
20	Isabel Ochoa	9	17
21	Delaney Pietsch	12	4

**CROSSHILL CHRISTIAN (Chris Bahner)**

22	Hannah Schanz	12	3
----	---------------	----	---

**EAST LINN CHRISTIAN (Kellen Peters)**

23	Sydney Nichol	12	1
----	---------------	----	---

**ENTERPRISE (Dan Moody)**

24	Karli Bedard	10	11
25	Reagan Bedard	12	17
26	Ella Coughlan	10	24
27	Deedee Duncan	9	10
28	Eliza Irish	11	5
29	Ellyse Tingelstad	9	6
30	Isabelle Tingelstad	12	2

**GOLD BEACH (Tim Hawkins)**

31	Kaitlin Armstrong	12	2
32	Avi Gaston	11	4

**KENNEDY (Steve Ritchie)**

33	Kaylin Cantu	11	1
34	Yesenia Gomez	11	19
35	Alejandra Lopez	10	2
36	Natividad Ortiz	11	9
37	Claire Seiler	10	45
38	Clarissa Traeger	10	6
39	Azaris Velazquez	11	8

**LAKEVIEW (Bobbie Steininger)**

40	Lily Taylor	12	3
----	-------------	----	---

**NEAH-KAH-NIE (Brett Duer)**

41	Aspen Becker	9	5
42	Roan Childress	12	34
43	Karissa Hadermann	9	3
44	Kayla Naylor	9	62
45	Nula Reid	11	53
46	Lacoya Reny-Hamer	11	12
47	Montana Ruona	9	37

**NESTUCCA (Gordon Whitehead)**

48	Jessica Bailey	10	23
49	Tea Chatelain	12	11
50	Payton Hopkins	12	9
51	Jaykayla Jackson	11	24
52	Rachel Whittles	10	4
53	Becca Ziegler	10	41

**NORTH CLACKAMAS CHRISTIAN (Jim Steele)**

54	Madison Steele	12	5
----	----------------	----	---

**NYSSA (Tom DeLong)**

55	Delia DeLeon	12	1
56	Olivia Page	9	3

**OAK HILL (Jenny DeLuca)**

57	Mckenzie Carrier	9	1
58	Zoey DeLuca	9	3
59	Daisy Hagen	9	16
60	Samantha Kasitz	10	6
61	Stephaine Loop	10	14
62	Emma Miller	11	13
63	Emily Peters	10	15

**OAKRIDGE (Ron Hebert)**

64	Brittni Gibson	12	5
----	----------------	----	---

**OREGON EPISCOPAL (Virna Darling)**

65	Caroline Brok	12	29
66	Ella Crosby	11	11
67	Stephanie Finley	10	1
68	Raimy Hamdan	11	28
69	Ella Menashe	10	22
70	Rachel Pippenger	10	23
71	Alison Thomas	10	18

**SANTIAM CHRISTIAN (Tim Eby & Jay Barton)**

72	Ainsley Beam	9	4
----	--------------	---	---

**ST MARY'S (Joe Volk)**

73	Emma Bennion	10	27
74	Aly Diaz McNeal	9	18
75	Lindsey Gurr	11	5
76	Summer Keating	12	7
77	Sophia Pastrano	10	11
78	Kate Vasey	9	13
79	Mekella Wong	9	19

**UNION (Steve Sheehy)**

80	Jaimee Baxter	9	4
81	Caitlin DeFries	11	26
82	Alisa Fox	10	8
83	Landrey Gartner	11	16
84	Abriel O'Reilly	10	15
85	Kathryn Sheehy	12	14
86	Samantha Short	12	25

**WESTSIDE CHRISTIAN (Scott Ball)**

87	Clara Adams	11	29
88	Emily Curtis	12	5
89	Lilie De la motte	12	33
90	Becca Gurnee	9	14
91	Selah Joyce	10	34
92	Bailey McKay	11	12

# 3 A / 2 A / 1 A BOYS ENTRIES

## SCHOOL (Coach)

No. Runner Yr. Place  
 "Place" = runner's finish at district meet.

### BANDON (Brent Hutton)

566 Isaac Cutler 9 5  
 567 Aero Franklin 9 13  
 568 Skyler Hammons 11 8  
 569 Hunter Hutton 11 2  
 570 Jordan Myrand 11 18  
 571 Zane Olive 12 3  
 572 Josh Snyder 11 1

### BURNS (Andrea Letham)

573 Emmett Klus 10 5

### CRESWELL (Chris Petford)

574 Matteo Bonatesta 12 72  
 575 Hunter Bradt 12 15  
 576 Paydon Criddle 9 64  
 577 Nick Kubishta 9 22  
 578 Grant Marshall 9 16  
 579 Christian Tucker 10 6  
 580 Jesse Wittenborn 12 5

### EAST LINN CHRISTIAN (Kellen Peters)

581 Wesley Anderson 12 11  
 582 Kody Jones 10 14  
 583 Josh Miner 12 4  
 584 Rhett Osborne 10 8  
 585 Jon Ropp 12 53  
 586 Christian Strawn 11 16  
 587 Jedaiah Wasson 10 5

### HEPPNER (Russ Nichols)

588 Hunter Nichols 10 4

### HORIZON CHRISTIAN (Scott Olson)

589 Trent Baugus 12 30  
 590 Noah Logan 11 46  
 591 Alex Olson 12 1  
 592 Tucker Olson 10 8  
 593 Zach Schreiber 10 40  
 594 Zack Stetzel 12 2  
 595 Hayden Wakefield 10 28

### JEFFERSON (Poul Murtha)

596 Abdi Ibrahim 10 2  
 597 Ahmed Ibrahim 9 3  
 598 Hassan Ibrahim 11 1  
 599 Sulieman Ibrahim 12 7  
 600 Jack Larrison 12  
 601 Ezra Oien 10 37  
 602 Michael Prichard 12 59

### KENNEDY (Steve Ritchie)

603 Jorge Espinoza 11 50  
 604 Luke Hall 9 7  
 605 Noe Jines 12 9  
 606 Brandon Rendon 12 20  
 607 Nick Riedman 9 12  
 608 Nick Spickelmier 10 32

## LAKEVIEW (Bobbie Steininger)

609 Logan Antle 10 27  
 610 Kyle Deiter 11 4  
 611 Dylan Dunn 11 10  
 612 owdy Gerber 10 24  
 613 Paul Lindsley 9 6  
 614 Austin Mobley 10 48  
 615 Dawson Pointere 10 20

### NYSSA (Tom DeLong)

616 Chris Acosta 11 7  
 617 Nathan Esplin 10  
 618 Pablo Guerrero 12 28  
 619 Heath Hartley 12 11  
 620 Micklo Luna 12 15  
 621 Garrett Moyes 12 16  
 622 Armando Pedraza 9 14

### OAKRIDGE (Ron Hebert)

623 Isaac Whitney 9 3

### OREGON EPISCOPAL (Ryan Holland)

624 Asa Brown 9 36  
 625 Jack Casalino 11 12  
 626 Eben Rogers 12 41  
 627 Noah Solomon 11 15  
 628 Henry Talbott 12 69  
 629 Grant Thomas 12 3  
 630 Chandler Watson 12 14

### PLEASANT HILL (Beth Sprague)

631 Ethan Litson 10 19  
 632 Kyler Martin 11 17  
 633 Hunter Murphy 11 1  
 634 John Poet 12 60  
 635 Callan Stowell 11 4  
 636 Adam Wolfer 9 68  
 637 Sean Wolfer 11 57

### PORTLAND CHRISTIAN (Andrew Landstrom)

638 Jack Casey 12 2  
 639 Beau Griffith 11 4

### RIVERDALE (Michael Johnson)

640 Tim Gentry 12 24  
 641 Finn James 11 6  
 642 Harrison Lee 12 30  
 643 Evan Morris 11 22  
 644 Fisher Ng 11 5  
 645 Pete Reamy 9 35  
 646 Miles Rosenthal 10 31

### SANTIAM CHRISTIAN (Tim Eby & Jay Barton)

647 August Thornton 12 5

### SOUTHWEST CHRISTIAN (Steve Hills)

648 Timothy Curtis 12 10  
 649 Trent Driesner 10 21  
 650 Aaron Lane 12 1  
 651 Garrett Mulder 11 33  
 652 Brayden Rutledge 9 26  
 653 Jacob Suarez 10 8  
 654 Steven Swart 10

## TAFT (Ian Schroeder)

655 Eli Demello 9 13  
 656 Cesar Fajardo 12 10  
 657 Trenton Fisher 9  
 658 Chance Haun 12 4  
 659 Lucas Hindman 9 16  
 660 Preston Nightingale 11 6  
 661 Ean Wood 11 34

### TRIANGLE LAKE (Paige Wynn)

662 Connor Metzger 12 2

### UNION (Steve Sheehy)

663 Jeremy Baxter 11 3  
 664 Jaxon Blackburn 9 19  
 665 Jayson Blackburn 12 8  
 666 Andrew Lackey 9 21  
 667 Tyler Olson 9 20  
 668 Matthew Sheehy 10 12  
 669 Tim Stevens 10 2

### VERITAS (Ken McChesney)

670 Jacob Chung 11 20  
 671 Thomas Lattus 11 23  
 672 Aidan Lowery 9 18  
 673 Cam McChesney 9 9  
 674 Thaddeo Pia 11 17  
 675 Luke Wassei 11 31  
 676 Simon Winnika 10

### WESTON-MCEWEN (Tanna Munck)

677 Hayden Scott 12 1

### WESTSIDE CHRISTIAN (Scott Ball)

678 Reece Hupfer 11 3



Proud to be the Official  
Sports Apparel Company  
of the **OSAA**



## OSAA STATE CHAMPION SHIRTS



AVAILABLE ONLINE  
AT [www.osaastore.com](http://www.osaastore.com)  
[www.sportsu-store.com](http://www.sportsu-store.com)



Visit us at all the State Championship Events and purchase an official Letterman Patch, T-shirt, Sweatshirt, Hat, Lettman Pin. You can pre-order on-line and have your products available for pick up at the event site or have it shipped to your home or office. If any products are left over they will be available at the event web store at [www.osaastore.com](http://www.osaastore.com) (Some products are made to order and may take 3-4 weeks)

Official Event Merchandise



[www.osaastore.com](http://www.osaastore.com)  
[www.sportsu-store.com](http://www.sportsu-store.com)



Official Event Merchandise

453 SECOND STREET LAKE OSWEGO, OREGON 97034 PHONE 503-227-2051



# WATCH ANYWHERE

The NFHS Network is **THE PLACE** to watch high school sports.  
By giving students the resources needed to produce their own broadcasts,  
we keep you connected with LIVE, online coverage. No matter where you are,  
**HIGH SCHOOL HAPPENS HERE!**



Introducing the Apple TV & Android APP!  
Visit [NFHSnetwork.com](http://NFHSnetwork.com) to join for **FREE**.



# 4 A G I R L S E N T R I E S

**SCHOOL (Coach)**

No.	Runner	Yr.	Place
"Place" = runner's finish at district meet.			

**BAKER (Suzy Cole)**

115	Zoe Carlson-Morrow	9	15
116	Hannah Jesenko	12	10
117	Lacey Jones	9	7
118	Payton Jones	9	13
119	Jayden Rice	9	12
120	Caitlin Smith	12	16
121	Kaitlyn Waters	9	8

**CROOK COUNTY (Tracy Smith)**

122	Jan Carne	9	1
123	Abby Dalton	11	12
124	Brooke Dalton	9	19
125	Gracie Kasberger	10	14
126	Maggie Kasberger	12	8
127	Mckinzie Mode	10	18
128	Allyson Thomas	9	9

**ELMIRA (Tom Boldon)**

129	Kaitlin Cook	9	5
-----	--------------	---	---

**ESTACADA (Jon Erickson)**

130	Cheyenne Abbett	10	7
131	Kate Glover	10	25
132	Hannah Hart	11	2
133	Elana May	10	29
134	Rosie Shaver	11	5
135	Loryn Young	11	3

**HIDDEN VALLEY (Brian Miller)**

136	Reilly Frerk	12	5
-----	--------------	----	---

**JUNCTION CITY (Charlene Solomon)**

137	Shanti Deck	9	18
138	Amanda Fox	12	7
139	Rose Lay	11	26
140	Arianna Santiago	12	15
141	Shayla Solomon	12	3
142	Sydney Thielman	11	9

**KLAMATH UNION (Rob Coffman)**

143	Emma Blake	11	2
144	Nicolette Coffman	11	8
145	Marina Conaughty	11	11
146	Helen Knudsen	11	17
147	Haley Mynear	12	16
148	Taylor Mynear	12	7
149	Kiley Stackpole	12	3

**LA GRANDE (Alma Crow)**

150	Kendra Blake	11	3
151	Abby Crews	10	4
152	Ashton Gilbert	11	5
153	Heather Keniry	12	1
154	Sierra Smith	12	6
155	Maia Vandervlugt	9	2

**MARSHFIELD (Steve Delgado)**

156	Jazmin Chavez	10	2
157	Kaylee Delzotti	9	4

**MOLALLA (Sheron Farner)**

158	Amanda Seward	11	4
-----	---------------	----	---

**NEWPORT (Tom Swinford)**

159	Emma Allan	9	8
160	Alanna Fanning	10	4
161	Halle Hargett	10	27
162	Michelle Landa	10	17
163	Korayma Llumiquinga Lapham	9	21
164	Destiny Martinez	12	19
165	Alexandria Zerr	9	22

**NORTH BEND (Anne Hobson)**

166	Hailey Finnigan	12	9
167	Janelle LeBlanc	12	11
168	Alyssa Monohon	12	16
169	Kate Riley	12	20
170	Megan Rutherford	11	6
171	Elizabeth Salathe	12	14
172	Samantha Shook	12	3

**NORTH VALLEY (Brad Carlson)**

173	Melody McGrath	11	4
-----	----------------	----	---

**PHILOMATH (Joe Fulton)**

174	Meaghan Alba	12	2
175	Alejandra Artalejo	11	14
176	Madison Bushnell	9	6
177	Mariah Golston	9	
178	Hannah Hernandez	9	1
179	Alexis Van Vlack	9	12
180	Tegan Weaver	12	7

**PHOENIX (John Cornet)**

181	Lupita Alegria	10	6
182	Jasper Cortell	9	15
183	Brittney Manahan	12	14
184	Leslibeth Mena	12	22
185	Ruby Peral-Covarrubias	10	19
186	Shayla Potratz	12	1
187	Vivian Tauer	10	24

**SCAPPOOSE (David Harley)**

188	Georgia Benner	11	10
189	Carra Johnston	12	21
190	Emma Jones	9	8
191	Linnaea Kavulich	11	1
192	Emily Marquardt	12	17
193	Lisbeth Melgar	12	30
194	Grace Rieman	12	11

**SISTERS (Josh Nordell)**

195	Anna Bartlett	11	1
196	Sophie Borders	12	2
197	Engracia Diez	11	8
198	Zidane Galant-Laporte	12	13
199	Amy Hills	10	11
200	Tate Ricker	10	4
201	Molly Winter	10	12

**SIUSLAW (Chris Johnson)**

202	Bryn Clement	9	21
203	Chloe Madden	9	18
204	Celie Mans	12	1
205	Kaeli Ramos	10	8
206	Hannah Rannow	9	10
207	Destinie Tatum	12	13
208	Anne Wartnik	9	25

**SOUTH UMPQUA (Taylor Groth)**

209	Savannah Slay	11	5
-----	---------------	----	---

**STAYTON (Erin Holm)**

210	Jessica Mitchell	9	5
-----	------------------	---	---

**TILLAMOOK (Patrick Zweifel)**

211	Whitney Averill	9	4
212	Solace Bergeron	9	2
213	Grace Blanchard	10	14
214	Phoebe Brown	11	6
215	Kara Putman	11	3
216	Itzel Vazquez	10	12
217	Allison Wilkes	10	7

**VALLEY CATHOLIC (Ian Berge)**

218	Julia Clark	12	5
-----	-------------	----	---

**YAMHILL-CARLTON (Shiloh Ficek)**

219	Andie Whitlow	11	3
-----	---------------	----	---

# 4 A BOYS ENTRIES

## SCHOOL (Coach)

No. Runner Yr. Place  
 "Place" = runner's finish at district meet.

### ASTORIA (Andrew Fick)

702 Lucas Caruana 12 4

### BAKER (Suzy Cole)

703 Elijah Banister 11 9  
 704 Kale Cassidy 9 11  
 705 Conner Cline 11 5  
 706 Joe Couch 9 9  
 13  
 707 Joseph Daughtery 10 12  
 708 Clay Keller 11 10  
 709 Lucas Stearns 9 7

### COTTAGE GROVE (Jim Settelmeyer)

710 Eric Cortes 10 33  
 711 Jesse Ellingworth 11 2  
 712 Justin Francis 9 28  
 713 Konnor Owens 10 10  
 714 Konrad Raum 10 5  
 715 Jimmy Talley 9 16  
 716 Paesen Timm 10 6

### CROOK COUNTY (Tracy Smith)

717 Emmett Bailor 12 21  
 718 Cade Catterson 9 10  
 719 Noah Chaney 10 9  
 720 Stephen Dalton 12 23  
 721 Tyler Lawson 11 7  
 722 Zachary Lawson 12 3  
 723 Zachary Mauras 9 17

### ELMIRA (Tom Boldon)

724 Carson Bain 12 3

### ESTACADA (Jon Erickson)

725 Nathan Backwell 11 8  
 726 Dylan Beguelin 12 22  
 727 Adam Griffith 11 15  
 728 Ben Griffith 11 18  
 729 Tyler Kammeyer 12 5  
 730 Justin Kavanagh 11 27  
 731 Jehu Shaver 12 28

### GLADSTONE (Jamie Jenson)

732 Filmon Elyas 10 2  
 733 Konnor Hathaway 10 4

### HENLEY (Marja Hill)

734 Jordan Poppe 12 4

### HIDDEN VALLEY (Brian Miller)

735 Zach Ellison 9 12  
 736 Austin Green 12 34  
 737 Cody Lomica 11 7  
 738 Arin Lowry 12 11  
 739 Braden Pennington 10 24  
 740 David Prudell 11 3  
 741 Josh Rabjohn 11 33

### JUNCTION CITY (Charlene Solomon)

742 Brendan Brown 11 25  
 743 Pete Frazee 12 11  
 744 Miguel Gonzalez 11 23  
 745 Conner McAdams 9 7  
 746 Ryan Meighan 12 9  
 747 Franklin Mumford 10 24  
 748 Benjamin Swancutt 11 10

### LA GRANDE (Alma Crow)

749 Emilio Chavez 11 15  
 750 Nolan Clements 11 8  
 751 Braden Crews 12 1  
 752 Wyatt Perry 12 2  
 753 Calvin Smith 10 6  
 754 Bennett Welch 10 3

### MADRAS (Eric Carman)

755 Tyler Anderson 11 1

### MARSHFIELD (Steve Delgado)

756 Ethan Cleveland 11 18  
 757 Gabe Delgado 10 7  
 758 Ian Emler 12 3  
 759 Isaac Hasel 11 12  
 760 Jeremy Roe 10 10  
 761 Jonathon Sampier 9 9  
 762 Colton West 10 10

### NORTH BEND (Anne Hobson)

763 Jacob Adams 11 21  
 764 Michael Brown 12 1  
 765 Tyson Flitcroft 10 17  
 766 George LaGesse 12 2  
 767 Donovan Oakes 11 8  
 768 Chandler Pruettt 10 22  
 769 Patton Reid 10 13

### ONTARIO (Jose Marquez)

770 Quinn Susuki 11 4

### PHILOMATH (Joe Fulton)

771 Jensen Davis 11 11  
 772 Brody Gerig 9 20  
 773 Logan Hannigan-Downs 9 9  
 774 Clark Hellesto 12 13  
 775 Duane Hellesto 10 24  
 776 Joey Howell 11 8  
 777 Shaden Jensen 10 19

### PHOENIX (John Cornet)

778 Jimmie Allen 11 15  
 779 Jacob Bergren 12 2  
 780 Parker Cook 12 6  
 781 Ezra DeLuca 10 28  
 782 Thomas Skaff 12 14  
 783 Robby Vos 11 1  
 784 Nathan Watt 12 5

### SCAPPOOSE (David Harley)

785 John Kavulich 11 2

### SEASIDE (Neil Branson)

786 Colton Carter 11 16  
 787 Jackson Januik 12 8  
 788 Beau Johnson 9 28  
 789 Juneau Meyer 12 18  
 790 Bradley Rzewnicki 12 1  
 791 Rafi Sibony 11 9  
 792 Hunter Thompson 12 7

### SISTERS (Josh Nordell)

793 Jordan Pollard 11 1

### SIUSLAW (Chris Johnson)

794 Jack Pickell 12 4

### SOUTH UMPQUA (Taylor Groth)

795 Nakai Sinohui 11 5

### STAYTON (Erin Holm)

796 Dylan Cudd 10 14  
 797 Matthew Frazeur 10 3  
 798 Brody Johnson 11 17  
 799 Ben Kirby 9 18  
 800 Isaac Nieto 9 23  
 801 Casey Pugh 11 2  
 802 Troy Saari 10 5

### SWEET HOME (Dan Bixler)

803 Trey Reed 12 4

### TILLAMOOK (Patrick Zweifel)

804 Carter Kunert 10 5

### VALLEY CATHOLIC (Chris Boyle)

805 Seancarlos Gonzalez 12 14  
 806 Jackson Hicken 11 21  
 807 Nate Hicken 9 10  
 808 Jamie Kawaguchi 12 11  
 809 Jackson Miller 10 17  
 810 Zane Norville 12 3  
 811 Nate Schmidlin 11 12

### YAMHILL-CARLTON (Shiloh Ficek)

812 Dylan Duckworth 12 4  
 813 Dylan Schmidt 12 1



**NSP**

**NORTHWEST  
SPORTS  
PHOTOGRAPHY**



**PROUD TO BE THE  
OFFICIAL PHOTOGRAPHER  
OF THE OSAA STATE  
CROSS COUNTRY  
CHAMPIONSHIPS**

**ACTION, TEAM, AND AWARDS  
PHOTOS WILL BE AVAILABLE  
FOR VIEWING AND  
PURCHASE AT**

**[www.4nsp.com](http://www.4nsp.com)**

**1-800-446-5758**







PACIFIC OFFICE  
AUTOMATION

— PROBLEM SOLVED —

FOR OVER 35 YEARS

**LOCALLY OWNED,**

**NATIONALLY RECOGNIZED**

## **OUR PEOPLE MAKE TECHNOLOGY WORK.**

Document management, IT services, printers & multifunction products, and more for your digital success

Pacific Office Automation  
14747 NW Greenbrier Parkway  
Beaverton, OR 97006

(888) 896-9029  
[pacificoffice.com](http://pacificoffice.com)



**SHARP®**

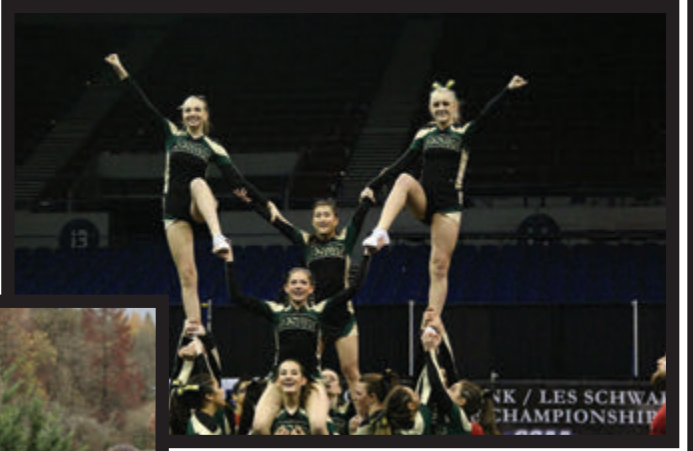
**OSAA REGULAR DISTRICTS  
2016-2017  
(includes Adjusted 2015-16 ADM)**

<b>6A</b> (51) 1258+	<b>5A</b> (33) 1257-676	<b>4A</b> (40) 675-331
<b>6A-1 - PIL (9)</b>	<b>5A-1 - Northwest Oregon Conference (8)</b>	<b>4A-1 - Cowapa League (6)</b>
*Benson Techmen 750	Hillsboro Spartans 1195	Astoria Fishermen 511
Cleveland Warriors 1478	La Salle Prep Falcons 679	Banks Braves 358
Franklin Quakers 1346	Milwaukie / Arts Academy Mustangs 1152	Scappoose Indians 721
Grant Generals 1376	Parkrose Broncos 774	Seaside Seagulls 375
*Jefferson Democrats 417	Putnam Kingsmen 1034	Tillamook Cheesemakers 533
Lincoln Cardinals 1605	Sandy Pioneers 1215	Valley Catholic Valiants 384
*Madison Senators 909	St. Helens Lions 842	
*Roosevelt Roughriders 742	Wilsonville Wildcats 1077	<b>4A-2 - Tri-Valley Conference (6)</b>
*Wilson Trojans 1225		Corbett Cardinals 379
<b>6A-2 - Metro League (9)</b>	<b>5A-2 - Mid-Willamette Conference (8)</b>	Crook County Cowboys 703
Aloha Warriors 1794	Central Panthers 859	Estacada Rangers 474
Beaverton Beavers 1654	Corvallis Spartans 1117	Gladstone Gladiators 631
Century Jaguars 1437	Crescent Valley Raiders 937	Madras White Buffaloes 641
Glencoe Crimson Tide 1471	Dallas Dragons 918	Molalla Indians 662
Jesuit Crusaders 1294	Lebanon Warriors 1052	
Liberty Falcons 1372	Silverton Foxes 1149	<b>4A-3 - Far West League (6)</b>
Southridge Skyhawks 1614	South Albany Rebels 1158	Brookings-Harbor Bruins 449
Sunset Apollos 2123	Woodburn Bulldogs 1256	Douglas Trojans 352
Westview Wildcats 2508		Marshfield Pirates 682
<b>6A-3 - Mt. Hood Conference (8)</b>	<b>5A-3 - Midwestern League (8)</b>	North Bend Bulldogs 491
Barlow Bruins 1528	Ashland Grizzlies 940	Siuslaw Vikings 347
Centennial Eagles 1477	Churchill Lancers 1022	South Umpqua Lancers 336
*Central Catholic Rams 891	Crater Comets 1158	
Clackamas Cavaliers 2297	Eagle Point Eagles 911	<b>4A-4 - Oregon West Conference (6)</b>
David Douglas Scots 2499	*Marist Catholic Spartans 563	Cascade Cougars 683
Gresham Gophers 1369	North Eugene Highlanders 771	Newport Cubs 550
Oregon City Pioneers 1940	Springfield Millers 1078	North Marion Huskies 530
Reynolds Raiders 2142	Thurston Colts 1174	Philomath Warriors 444
		Stayton Eagles 608
<b>6A-4 - Three Rivers League (9)</b>	<b>5A-4 - Intermountain Conference (5)</b>	Yamhill-Carlton Tigers 311
Canby Cougars 1316	**Bend Lava Bears 1468	
Lake Oswego Lakers 1307	Mountain View Cougars 1225	<b>4A-5 - Sky-Em League (6)</b>
*Lakeridge Pacers 1126	Redmond Panthers 808	Cottage Grove Lions 648
Newberg Tigers 1414	Ridgeview Ravens 854	Elmira Falcons 345
Sherwood Bowmen 1569	**Summit Storm 1391	Junction City Tigers 492
St. Mary's Academy Blues 1435		Sisters Outlaws 404
Tigard Tigers 1771	<b>5A-5 - Columbia River Conference (4)</b>	Sutherlin Bulldogs 357
Tualatin Timberwolves 1770	Hermiston Bulldogs 1240	Sweet Home Huskies 639
West Linn Lions 1707	Hood River Valley Eagles 1171	
	Pendleton Buckaroos 779	<b>4A-6 - Skyline Conference (6)</b>
	The Dalles Riverhawks 706	Henley Hornets 581
<b>6A-5 - Greater Valley Conference (9)</b>		Hidden Valley Mustangs 535
Forest Grove Vikings 1654		Klamath Union Pelicans 640
McKay Scots 1768		Mazama Vikings 572
McMinnville Grizzlies 1793		North Valley Knights 462
McNary Celtics 1681		Phoenix Pirates 621
North Salem Vikings 1404		
South Salem Saxons 1578		<b>4A-7 - Greater Oregon League (4)</b>
Sprague Olympians 1490		Baker Bulldogs 434
West Albany Bulldogs 1264		La Grande Tigers 539
West Salem Titans 1559		McLoughlin Pioneers 400
		Ontario Tigers 541
<b>6A-6 - Southwest Conference (7)</b>		
Grants Pass Cavemen 1526		
North Medford Black Tornado 1477		
Roseburg Indians 1394		
Sheldon Irish 1359		
South Eugene Axemen 1345		
South Medford Panthers 1545		
Willamette Wolverines 1198		

\* school choosing to play above assigned classification

\*\* school moved due to geographical exception

\*\*\* school moved due to Petition to Play Down 10/6/2016



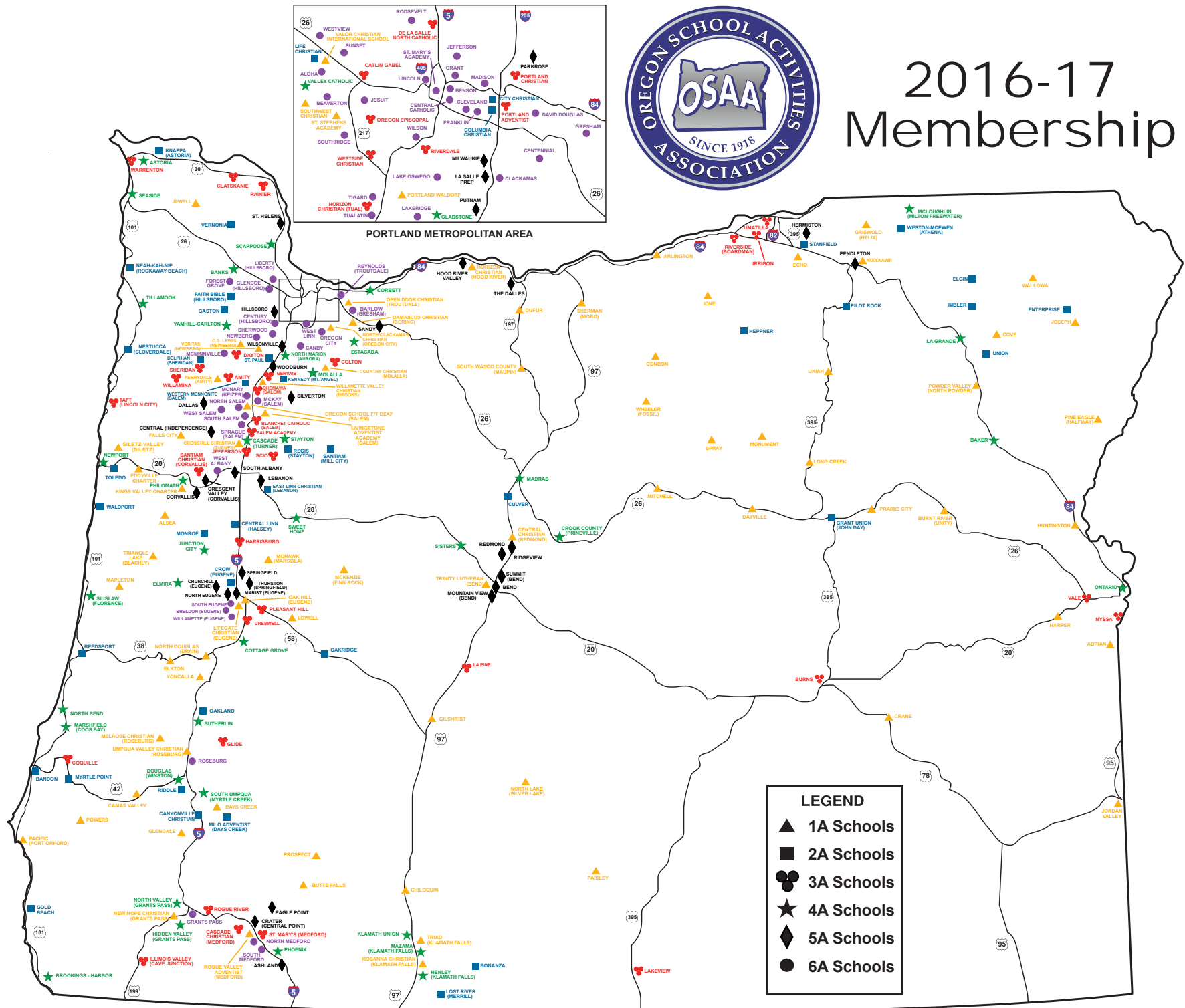
The OSAA Foundation Congratulates all OSAA Participants



To help ensure the Future of these Student Athletes and their Activities,  
contact the OSAA Foundation to see how you can help today. [www.osaafoundation.org](http://www.osaafoundation.org)



# 2016-17 Membership





# ACHIEVING GOALS

TEAMWORK | RESPONSIBILITY | ACCOMPLISHMENT

Whether students are shooting for the hoop, singing in choir, marching in time or aiming for the end zone, they are practicing skills that will serve them well in school, on the job and in life.

Les Schwab is proud of the players and performers of the OSAA. We believe in supporting students as they learn about commitment, hard work and serving the community – values the company believes in. We're glad to be a title sponsor of the OSAA, helping students get the chance to participate in the state playoffs and championships.

THANK YOU FOR BEING HERE AND FOR SUPPORTING OUR GREAT YOUNG PEOPLE.



Doing the right thing matters.®

107 Oregon locations to serve you • Over 455 stores throughout the West • [www.LesSchwab.com](http://www.LesSchwab.com)

**OSAA REGULAR DISTRICTS  
2016-2017  
(includes Adjusted 2015-16 ADM)**

<b>3A</b> <b>330-191</b>	<b>(41)</b>	<b>2A</b> <b>190-90</b>	<b>(42)</b>	<b>1A</b> <b>89-</b>	<b>(78)</b>	<b>1A (cont.)</b> <b>89-</b>	
<b>3A-1 - Lewis &amp; Clark League</b>	<b>(9)</b>	<b>2A-1 - Northwest League</b>	<b>(10)</b>	<b>1A-1 - The Valley 10 League</b>	<b>(8)</b>	<b>1A-5 - Mountain Valley League</b>	<b>(11)</b>
Catlin Gabel Eagles	308	City Christian Lions	148	Country Christian Cougars	52	Butte Falls Loggers	47
Clatskanie Tigers	216	Columbia Christian Knights	115	Damascus Christian Eagles	60	Central Christian Tigers	58
De La Salle North Catholic Knights	308	Delphian School Dragons	162	North Clackamas Christian Saints	64	Chiloquin Panthers	76
Oregon Episcopal Aardvarks	313	Faith Bible Falcons	113	Open Door Christian Huskies	48	Gilchrist Grizzlies	56
Portland Adventist Cougars	284	Gaston Greyhounds	177	Portland Waldorf Wolfpack	67	Hosanna Christian Lions	68
Portland Christian Royals	175	Knappa Loggers	121	Southwest Christian Wildcats	57	North Lake Cowboys	65
Rainier Columbians	285	Life Christian Lions	113	St. Stephens Academy	41	Paisley Broncos	36
Riverdale Mavericks	241	Neah-Kah-Nie Pirates	201	Valor Christian Knights	24	Prospect Cougars	61
Warrenton Warriors	228	Nestucca Bobcats	130			Rogue Valley Adventist Red Tail Hawks	33
		Vernonia Loggers	156	<b>1A-2 - Casco League</b>	<b>(10)</b>	Triad Timber Wolves	50
<b>3A-2 - West Valley League</b>	<b>(8)</b>	<b>2A-2 - Tri-River Conference</b>	<b>(7)</b>	C.S. Lewis Watchmen	49	Trinity Lutheran Saints	54
Amity Warriors	260	Central Linn Cobras	169	Crosshill Christian Eagles	75		
Dayton Pirates	279	East Linn Christian Eagles	142	Falls City Mountaineers	52	<b>1A-6 - Big Sky League</b>	<b>(10)</b>
*Horizon Christian Hawks (TUAL)	151	Kennedy Trojans	152	Jewell Bluejays	39	Arlington Honkers	44
Santiam Christian Eagles	230	Regis Rams	142	Kings Valley Charter Eagles	44	Condon Blue Devils	35
Sheridan Spartans	211	Santiam Wolverines	137	Livingstone Adventist Academy Lions	63	Dufur Rangers	80
***Taft Tigers	359	St. Paul Buckaroos	90	Oregon School f/t Deaf Panthers	49	Horizon Christian Hawks (HR)	68
Westside Christian Eagles	220	Western Mennonite Pioneers	150	Perrydale Pirates	87	Ione Cardinals	68
Willamina Bulldogs	232			Veritas School Vanguard	52	Mitchell Loggers	27
				Willamette Valley Christian Warriors	52	Sherman Huskies	67
<b>3A-3 - PacWest Conference</b>	<b>(7)</b>	<b>2A-3 - Mountain View Conference</b>	<b>(9)</b>	<b>1A-3 - Mountain West League</b>	<b>(9)</b>	South Wasco County Redsidies	67
Blanchet Catholic Cavaliers	225	Bonanza Antlers	122	Alea Wolverines	46	Spray Eagles	17
Chemawa Braves	236	Canyonville Christian Pilots	134	Eddyville Charter Eagles	48	Wheeler Falcons	24
Colton Vikings	201	Crow Cougars	93	Lowell Devils	87		
Gervais Cougars	281	Lost River Raiders	126	Mapleton Sailors	42	<b>1A-7 - Old Oregon League</b>	<b>(8)</b>
Jefferson Lions	259	Milo Adventist Mustangs	94	McKenzie Eagles	51	Cove Leopards	73
Salem Academy Crusaders	235	Oakland Oakers	173	Mohawk Indians	58	Echo Cougars	82
Scio Loggers	257	Oakridge Warriors	120	Oak Hill School Falcons	44	Griswold Grizzlies	58
		Riddle Irish	95	Siletz Valley Warriors	61	Joseph Eagles	59
<b>3A-4 - Mountain Valley Conference</b>	<b>(6)</b>	<b>2A-4 - Sunset Conference</b>	<b>(6)</b>	Triangle Lake Lakers	65	Nixyaawii Eagles	41
Coquille Red Devils	216	Bandon Tigers	199			Pine Eagle Spartans	46
Creswell Bulldogs	342	Gold Beach Panthers	143	<b>1A-4 - Skyline League</b>	<b>(11)</b>	Powder Valley Badgers	69
Glide Wildcats	181	Myrtle Point Bobcats	164	Camas Valley Hornets	63	Wallowa Cougars	58
Harrisburg Eagles	272	Reedsport Braves	165	Days Creek Wolves	72		
***La Pine Hawks	324	Toledo Boomers	148	Elkton Elks	79	<b>1A-8 - High Desert League</b>	<b>(11)</b>
Pleasant Hill Billies	294	Waldport Irish	146	Glendale Pirates	69	Adrian Antelopes	67
				Melrose Christian	12	Burnt River Bulls	25
<b>3A-5 - Eastern Oregon League</b>	<b>(6)</b>	<b>2A-5 - Columbia Basin Conference</b>	<b>(5)</b>	New Hope Christian Warriors	78	Crane Mustangs	49
Burns Hillanders	222	Culver Bulldogs	181	North Douglas Warriors	78	Dayville Tigers	20
Irrigon Knights	209	Heppler Mustangs	97	Pacific Pirates	58	Harper Hornets	34
Nyssa Bulldogs	277	Pilot Rock Rockets	98	Powers Cruisers	34	Huntington Locomotives	18
Riverside Pirates	211	Stanfield Tigers	119	Umpqua Valley Christian Monarchs	45	Jordan Valley Mustangs	22
Umatilla Vikings	318	Weston-McEwen Tiger Scots	175	Yoncalla Eagles	73	Long Creek Mountaineers	14
Vale Vikings	225					Monument Tigers	19
						Prairie City Panthers	36
<b>3A-6 - Southern Cascade League</b>	<b>(5)</b>	<b>2A-6 - Wapiti League</b>	<b>(5)</b>			Ukiah Cougars	28
Cascade Christian Challengers	249	Elgin Huskies	87				
Illinois Valley Cougars	261	Enterprise Outlaws	115				
Lakeview Honkers	224	Grant Union Prospectors	148				
Rogue River Chieftains	208	Imbler Panthers	97				
St. Mary's Crusaders	320	Union Bobcats	107				
<b>Full Member Charter Schools</b>		<b>Full Member School with No Assigned District</b>					
Sheridan Japanese Charter School	28	Logos School	31				

\* school choosing to play above assigned classification

\*\* school moved due to geographical exception

\*\*\* school moved due to Petition to Play Down 10/6/2016

# » #MY REASON WHY « *My Team*

They are like my second family.

After practices, we all go out to eat together. On weekends, we meet up to ride bikes or swim.

And when we play, it's not for the people up in the stands. It's not for the victory. It's just for us.

## **MAHLIK H.**

*Student from Bloomington, IL  
Football, Wrestling*

## *What's Your Reason?*

High school activities allow you to connect to yourself, your community and your future. Find your place. Find yourself. Find your reason why.

Learn more and join in at  
[nfhs.org/myreasonwhy](https://nfhs.org/myreasonwhy)



#MyReasonWhy   

I AM a Champion.  
I wear THE RING.



Jostens is the official ring provider for the Oregon School Activities Association.

Your determination and hard work have made you a champion! Whether you're an individual or a part of a team, you deserve to wear that status proudly.



In addition to the Official OSAA Champion Ring program, Jostens also offers fully customizable rings with endless design options. Please contact your Jostens representative if you are interested in creating a custom team ring.



To order, call 1.800.839.7125 or go to [jostens.com/osaa](http://jostens.com/osaa).





# 5 A GIRLS ENTRIES

## SCHOOL (Coach)

No. Runner Yr. Place  
 "Place" = runner's finish at district meet.

### ASHLAND (Ryan King)

248 Maddie Armstrong 10 22  
 249 Anna Barnes 9  
 250 Alexa Hague 10 8  
 251 Annika Larson 10 16  
 252 McKenzie Moore 11 24  
 253 Claire Pryor 11 23  
 254 Hazel Richards 10 5

### BEND (Lisa Nye)

255 Dagny Donohue 11 15  
 256 Faith Lopez 9 29  
 257 Ann McColgan 9 14  
 258 Gemma Munk 11 11  
 259 Grace Perkins 12 4  
 260 Madeleine Seifert  
 261 Caitlin Wheeler 9 21

### CHURCHILL (Chris Yorges)

262 Natalie Elstone 9 6

### CORVALLIS (Mark Hulbert)

263 Allyson Bomber 9 29  
 264 Olivia Dever 9 25  
 265 Sydney Fitzner 10 17  
 266 Olivia Helback 12 9  
 267 Rachel Pollard 9 16  
 268 Viola Stark 9 10  
 269 Bridgette Suing 11 37

### CRATER (Justin Loftus)

270 Elezebeth Allen 10 11  
 271 Kylie Caldwell 11 4  
 272 Margaret Faliano 12 14  
 273 Gracen Hokanson 9 13  
 274 Maggie Lacey 10 15  
 275 Ariana Marks 11 1  
 276 Presley Robison 9 10

### CRESCENT VALLEY (Tyler Bushnell)

277 Sophie Fisher 9 7  
 278 Gwen Gray 9 19  
 279 McKenna Henke 11 1  
 280 Christina Hollon 12 5  
 281 Kela Leamy 11 6  
 282 Gillian Stephenson 12 23  
 283 Geneva Wolfe 10 2

### HERMISTON (Troy Blackburn)

284 Melany Solorio 11 7

### HILLSBORO (Brett Phillips)

285 Alana Baldwin-Joiner 12 6

### HOOD RIVER VALLEY (Brandon Bertram)

286 Celia Acosta 9 5  
 287 Reed Bauer 9 6  
 288 Lottie Bromham 9 2  
 289 Daisy Dolan 12 1  
 290 Evelyn Nunez 10 4  
 291 Katie Perkins 10  
 292 Josie Petersen 10 10

## LEBANON (Brad Bauer)

293 Isabella Ayala 10 4  
 294 Kiara Harris 10 13  
 295 Sarah Kenyon 12 20  
 296 Hannah Mason 11 3  
 297 Megan Miller 10 12  
 298 McKenna Tanselli 12 11  
 299 Amy Workman 10 15

## MARIST (Chase Wells)

300 Amanda Allender 11 38  
 301 Mina Buchanan 11 9  
 302 Grace Haga 10 29  
 303 Hope Powell 12 12  
 304 Booy Rogers 12 7  
 305 Sara Weyant 10 28  
 306 Isabella Zachem 9 3

## MOUNTAIN VIEW (Mike Condon)

307 Kelsey Swenson 10 5

## SANDY (Anouxa Vixathep)

308 Souvanny Carpenter 9 19  
 309 Isabella Kansala 10 13  
 310 Jennifer Kitchen 12 34  
 311 Paige Lovely 11 27  
 312 Alohilani Mudaliar 10 16  
 313 Molly Murphy-Brown 11 2  
 314 Nikki Stokes 11 7

## SPRINGFIELD (James March)

315 Emelia Sherman 10 2

## ST HELENS (Gerry Tinkle)

316 Alyssa Fite 11 30  
 317 Josie Hanna 12 14  
 318 Krista LaMunyon 12 18  
 319 Anna Luttrell 10 17  
 320 Genny Luttrell 12 32  
 321 Cheyenne Trainer 10 8  
 322 Mackenzie Trainer 10 5

## SUMMIT (Carol McLatchie)

323 Olivia Brooks 12 1  
 324 Liv Downing 10 8  
 325 Autumn Layden 12 10  
 326 Emma Stevenson 12 6  
 327 Hannah Tobiason 11 2  
 328 Taylor Vandenborn 11 3  
 329 Kelsey Washenberger 11 7

## THE DALLES (Robert Thouvenel)

330 Marissa Heemsah 11 17  
 331 Paige McLeod 11 12  
 332 Jenna Miller 9 9  
 333 Emma Mullins 10 3  
 334 Bailey Nearing 11 14  
 335 Molly Nelson 12 13  
 336 Tressa Wood 9 8

## WILSONVILLE (David Barkley)

337 Angel Bohn 10 11  
 338 Haley Prusse 12 4  
 339 Samantha Prusse 9 3  
 340 Kylee Rusher 9 9  
 341 Sophia Somerscales 10 12  
 342 Brooklyn Stenstrom 11 1  
 343 Kate Stewart 10

# 5 A BOYS ENTRIES

SCHOOL (Coach)	No.	Runner	Yr.	Place	LA SALLE PREP (Mikel Rathmann)	WILSONVILLE (David Barkley)
"Place" = runner's finish at district meet.					875 Brenner Henry 9 35	922 Isaac Boger 10 19
					876 Andy Krueger 11 5	923 Jeremy Duke 12 18
					877 Luke Mariani 10 15	924 Vincent Nguyen 9 7
					878 Hayden Miller 10 32	925 Jonathan Palmer 11 8
					879 Benjamin Robinson 10 26	926 Jack Roche 10
					880 John Stafford 12 13	927 Nicholas Whitaker 11 1
					881 Nicholas Touchette 12 17	928 Nobuki Yaso 12 10
ASHLAND (Ryan King)					MARIST (Chase Wells)	WOODBURN (Carlos Menezes)
836 Arlo Davis 9					882 Nicholas Clark 10 23	929 Geovani Bravo 10 4
837 Alex Franklin 11 18					883 Jerik Embleton 11 2	930 Rolando Camacho 12
838 Christian Hill 12 22					884 Gabe Garboden 10 13	931 Carson Christiansen 11 54
839 EJ Holland 9 4					885 Will Manstrom-Greening 12 27	932 Uriel Cruz 11 25
936 Jorge Sierra-Oldham 12 25					886 Charlie Moore 9 26	933 Koen Howell 11 24
841 Lars Weston 11 19					887 Joey Peterson 10 20	934 Philip LaDuca 9 23
842 Henry Williams 9 12					888 Evan Villano 9 15	935 Gustavo Lopez 12 13
BEND (Lisa Nye)					MILWAUKIE (Bill Burdette)	
843 Hunter Greene 10 11					889 Juan Gudino 11 6	
844 Bennet Jackson 9 8					MOUNTAIN VIEW (Mike Condon)	
845 John McColgan 10					890 Inteus Schiavo 12 5	
846 Seth McGuire 11					RIDGEVIEW (Dru Carpenter)	
847 Maitiu Millar-Sanchez 11 13					891 Albert Hesse 11 4	
848 Kailash Moore 11 15					SANDY (Anouxa Vixathep)	
849 Trevor Wilber 10 10					892 Seth Bierbrauer 11 23	
CHURCHILL (Chris Yorges)					893 Christian Brown 12 12	
850 Timothy Kaelin 12 7					894 Brandon Brozstek 11 4	
CORVALLIS (Mark Hulbert)					895 Michael Callaway 12 2	
851 Ian Vickstrom 11 1					896 Tyler Callaway 9 11	
CRATER (Justin Loftus)					897 Abe Mitchell 12 9	
852 Nathan Edwards 12 8					898 Carter Schlosser 10 21	
853 Griff Hokanson 12 5					SILVERTON (Erik Cross)	
854 Andy Monroe 11 1					899 Hosea Catterall 12 3	
855 Erik Olsen 11 10					900 Aiden Edsinga 12 37	
856 Gabe Southmayd 11 16					901 Anthony Eubank 12 12	
857 Jantz Tostenson 10 6					902 Will Sisley 11 16	
858 Derek Tripp 11 3					903 Matthew Stravens 11 38	
CRESCENT VALLEY (Tyler Bushnell)					904 Haile Stutzman 10 7	
859 Sam Elliott 11 14					905 William Wright 11 35	
860 Ian Geniza 10					SOUTH ALBANY (Chris Van Cauteren)	
861 Brawley Lamer 12 28					906 Tyler Miller 11 6	
862 Legend Lamer 10 19					ST HELENS (Gerry Tinkle)	
863 Jasper Pollock 9 49					907 Ben Johnstun 12 3	
864 AJ Sandvig 11 5					SUMMIT (Carol McLatchie)	
865 Nicholas Turkisher 12 8					908 Jett Ballantyne 11 6	
DALLAS (Monique Lankheet)					909 Chaderic Ford 11 12	
866 Trevor Cross 10 2					910 Camden Hammer 12 7	
HERMISTON (Troy Blackburn)					911 Scott Kinkade 12 3	
867 Isaac Sanchez 11 4					912 Samuel Schoderbek 11 9	
HOOD RIVER VALLEY (Brandon Bertram)					913 Thomas Schoderbek 12 1	
868 Jacob Bromham 12 2					914 Niklas Sjogren 12 2	
869 Elkin Parker 11 6					THE DALLES (Robert Thouvenel)	
870 Finn Peterson 11 12					915 Rey Aviluz 10 16	
871 Omar Quintana 9 9					916 Michael Lantz 11 14	
872 Connor Truax 11 5					917 Luke McLean 12 8	
873 Caleb Trumbull 9					918 John Miller 12 18	
874 Jesse Wiley 12 1					919 Jony Nelson 12 7	
					920 Ethan Shubert 12 17	
					921 Ezekiel Stelzer 12 3	

# UNSHAKABLE AT HIGH SPEEDS.

NIKE AIR ZOOM STRUCTURE 18



HIGHLY RESPONSIVE  
NIKE ZOOM AIR CUSHIONING  
IN FOREFOOT DELIVERS  
A CRISP, QUICK TOE-OFF

TRIPLE-DENSITY  
DYNAMIC SUPPORT  
SYSTEM DRAMATICALLY  
INCREASES STABILITY

Long before he was a member of Nike's Oregon Project—even before he needed to shave—Galen Rupp realized that the key to reeling in records and medals wasn't some killer workout, but the ability to string thousands of those workouts together over the span of several years. So instead of chasing every shortcut to victory, he stuck with what worked—from mileage to workouts to his beloved Air Zoom Structures. And what has this ability to steadily build speed gotten him? A duffle bag full of national championships and records, and the first medal at 10,000m for an American man in 48 years.

Similarly, the Nike Air Zoom Structure has spent the last two-plus decades debunking the notion that stable meant slow—constantly pushing to make itself

lighter, smoother and more responsive without sacrificing any of its stability. So it makes sense that Rupp, a world-class overpronator, would gravitate to the Air Zoom Structure from the very beginning, running nearly all of his 120 miles a week in a shoe as focused on gaining speed over long distances as he is. This latest version answered Galen's call to make it more stable by adding a third, high-density foam to the existing Dynamic Support system. But even as we beefed up the stability we kept the shoe light and lean, with a streamlined mesh upper and lightweight Flywire cables that add support while still letting the foot move. Which is good, because the forefoot Zoom Air cushioning provides responsive snap that gets you moving in a hurry.

Between now and 2016, Rupp will basically live in the Air Zoom Structure, burning through thousands of miles in and around Nike WHQ in his quest to step up to the top of the podium. With this much riding on it, thank goodness the shoe's as good as he is at going so fast for so long.

**GALEN RUPP**  
10,000M SILVER MEDALIST

THE RUN DEPT.  
NIKE WORLD HEADQUARTERS  
BEAVERTON, OREGON

NIKE.COM/RUNNING

**MAKE HISTORY. BE HISTORY.**



**June 2017**

For more information visit [www.oregonsportsawards.com](http://www.oregonsportsawards.com)

**OSAA STATE  
CHAMPIONSHIPS  
ATHLETES & TEAMS  
WE APPLAUD YOU**



**"SAVE THE DATE"**

2nd Annual



**THURSDAY | 6.1.17  
VALLEY RIVER INN | EUGENE**

JOIN US TO CELEBRATE THE OUTSTANDING  
ATHLETES, EVENTS & ACHIEVEMENTS IN SPORTS  
FOR EUGENE, CASCADES & COAST!

**Your Local  
Sports Commission**

[EugeneCascadesCoastSports.org](http://EugeneCascadesCoastSports.org)

# 6 A G I R L S E N T R I E S

SCHOOL (Coach)	No.	Runner Place	Yr.	SCHOOL (Coach)	No.	Runner Place	Yr.	SCHOOL (Coach)	No.	Runner Place	Yr.
SCHOOL (Coach)	No.	Runner Place	Yr.	LINCOLN (Suzanne Parry)	420	Kendall Accetta	10 3	SOUTHRIDGE (Michael Christiansen)	468	Taylor Chiotti	11 7
"Place" = runner's finish at district meet.				421	Kyla Becker	10 1		SPRAGUE (Bruce Lang)	469	Elise Abbott	10 6
				422	Abigail Dalke	12 15		470	Emily Dixon	12 37	
				423	Ellie Kobak	11 8		471	Kaylee Mitchell	11 2	
				424	Bridget Price	10 10		472	Ginger Murnieks	10 1	
				425	Mary Skakel	10 29		473	Dana Nunez	11 42	
				426	Annika Steele	12 9		474	Ellie Stuart	10 14	
BARLOW (Oscar Rethwil)	379	Olivia Johnson	12 1	MCMINNVILLE (Vic Downs)	427	Grace Bliven	9 16	475	Riely White	11 30	
CENTRAL CATHOLIC (Robyn McGillis)	380	Amara Christensen	9 3	428	Emily Cinnamon	10 26		ST MARY'S ACADEMY (Mike Bojorquez)	476	Ella Behnke	11 14
381	Sydney Fisher	11 14		429	Kaylani Kam	9 29		520	Michelle Chandler	12	
382	Abby Grebisz	10 15		430	Alyssa Moreland	11 24		477	Rowan Halsey	11 3	
383	Hayley Harrison	10 21		431	Maddie Rollins	11 10		478	Ava Jablonski	10 10	
384	Hannah Lavier	11 10		432	Parker Rollins	9 15		480	Sarah Lyell	10 4	
385	Audrey Lomax	12 13		433	Bailey Sanchez	12 21		481	Lara Rix	12 1	
386	Emma Pitzer	11 11		NEWBERG (Bruce Sinkbeil)	434	Casey Novak	11 6	482	Anna Tassia	12 22	
CLACKAMAS (Randy Wallruff)	387	Maria Isabel Caplazi	12 18	NORTH MEDFORD (Pieter Voskes)	435	Claire Ebert	11 4	SUNSET (Dan Neeway)	483	Grace Beal	10
388	Alexa Hayes	11 5		436	Victoria Messer	11 10		484	Jolien DeBoutte	11 13	
389	Sofia Iparraguirre	11 33		NORTH SALEM (Don Berger / Michael Herrmann)	437	Madison Willhoft	11 4	485	Lucy Huelskamp	9 2	
390	Brooklyn James	11 2		OREGON CITY (Brandon Lee)	438	Paige Blackman	9 30	486	Kelly Makin	11 3	
391	Natalie Pihulak	11 19		439	Rebecca Blackwood	12 9		487	Na'ama Nevo	10 19	
392	Madeline Sandholm	10 36		440	Allie Edwards	11 23		488	Ember Stratton	10 1	
393	Reilly Treacy	10 29		441	Kaari Guelsdorf	11 7		489	Elizabeth Thompson	12 17	
DAVID DOUGLAS (Isaac Frederick)	394	Mariam Rozendal	10 6	442	Kylie Guelsdorf	11 8		TUALATIN (Chris McIsaac)	519	Mariana Diaz	12 41
FOREST GROVE (Adrian Shipley)	395	Hannah Aguirre	10 5	443	Makenna Palumbo	10 27		490	Sarah Hanson	10 5	
396	Hannah Berdahl	11 7		444	Katie Schroeder	10 16		491	Amanda Hegstrom	12 21	
397	Elizabeth Khoury	10 8		REYNOLDS (Tadd Reaney)	445	Kaitlyn Kruse	9 4	492	Kate Intile	12 2	
398	Mila Lumae	10 23		SHELDON (Forsha Brayce)	446	Melissa Berry	11 1	493	Madi Lowry	11 12	
399	Brittany Pitarresi	12 32		447	Dana Hamilton	11 26		495	Nicole Oh	12 43	
400	Eleanor Schnorr	12 12		448	Kenady Leighton	9 13		496	Manasi Sridhar	10 30	
401	Joelle Thacker	9 19		449	Jantzen Mazziotti	12 9		WEST LINN (Jay Schrotzberger)	497	Johanna Briscoe	12 11
FRANKLIN (Jim Hennessey/Jacob Michaels)	402	Rosemary Elliot	12 12	450	Caramia Mestler	11 2		498	Katy Burkhartzmeyer	10 9	
403	Elena Farr	9 32		451	Kaylin Sheley	10 6		499	Raina Hines	11 26	
404	Delaney Griffin	10 20		452	Jennifer Shelton	10 14		500	Emmalyn Leonard	12 20	
405	Emma Harbison	12 34		SOUTH EUGENE (Jeff Hess)	453	Delaney Bloomer	11 20	501	Emma McCurry	12 25	
406	Delaney Hartmann	12 7		454	Victoria Boechler	12 7		502	Moya Moses	9 16	
407	Clara Miller	10 35		455	Madison Elmore	9 3		503	Elizabeth Paschal	11 24	
408	Eleanor Tetreault	12 5		456	Abbey Fleming	12 19		WEST SALEM (Rick Fordney)	504	Jaden Mandal	10 9
GRANT (Doug Winn)	409	Macey Holt	10 6	457	Anne Fournier	10 17		WESTVIEW (Rebecca Martin)	505	Kelsey Kuhns	12 15
GRANTS PASS (Stan Goodell)	410	Ahdra Klingler	10 5	458	Jordyn Holland	11		506	Monet Kunz	12 25	
JESUIT (Tom Rothenberger)	411	Greta Anderson	10 9	459	Grace Youngblood	12 25		507	Isabelle Marcantuono	11 18	
412	Kelsey Gripekoven	9 8		SOUTH MEDFORD (Josh Wallace)	460	Jazmin Duncan	11 11	508	Dierdre McKay	11 30	
413	Chloe Jensen	12 12		461	Emily Kinzig	12 41		509	Irene Nagasaka	9 16	
414	Alexis Kebbe	9 4		462	Anna McAllister	10 36		510	Ellie Ruble	11 33	
415	Keely McCormick	11 6		463	Emily McAllister	10 18		511	Emily Taylor	10 21	
416	Elizabeth Rinck	10 10		464	Lydia Scott	12 8		WILSON (Thor Esbensen)	512	Zoe Andersen	10 18
417	Makenna Schumacher	10 5		465	Deannndria Shields	10 15		513	Elsa Douglass	12 19	
LAKE OSWEGO (Eric Lider)	418	Grace David	11 8	466	Willow Smith	12 24		514	Grace Heizer	11 4	
419	Dulcie Jones	12 7		SOUTH SALEM (Alisha Murdoch )	467	Anna Chau	10 3	515	Francesca Ierulli	10 2	
								516	Adahra Poasa	11 14	
								517	Eleanor Stein	12 17	
								518	Annika Sundstrom	10 11	

# 6 A BOYS ENTRIES

SCHOOL (Coach)	No.	Runner	Yr.	Place										
"Place" = runner's finish at district meet														
ALOHA (Ken Martinez)	967	Sam Andrus	12	23		1011	Isaac Burgess	10	21		SHERWOOD (Dave Kilian)			
	968	Ian Bake	11	13		1012	Nathan Burton	11	6		1061	Josh Quaglio	11	10
	969	Suleiman Noor	10	21		1013	Barrett Titus	12	9		SOUTH EUGENE (Jeff Hess)			
	970	Jeremy Shahan	12	31		1014	Dimitri Underwood	10	27		1062	Vincent Huynh-Watkins	12	2
	971	Mohamed Sheikh	10	18		1015	Nathan Wolford	11	32		1063	Liam Monroe	11	13
	972	Matt Uzzle	11	12		JESUIT (Tom Rothenberger)				1064	BJ Sauter	11	8	
	973	Carter Willson	12	32		1016	Jude Augustine	11	11		1065	Peter Shen	11	14
BARLOW (Jim Babson)	974	Chris Garcia	12	48		1017	Deklan Humble	11	20		1066	Nate Tavakolian	9	16
	975	Collin Humphreys	11	34		1018	Amogh Patki	12	10		1067	Spencer Tsai	12	1
	976	Cade Kooch	9	23		1019	Logan Phillips	12	6		1068	Ian Twyman	10	7
	977	James Sestric	12	14		1020	Joshua Schumacher	11	2		SOUTH SALEM (Alisha Murdoch )			
	978	Hunter Strobel	11	26		1021	Daniel Sealand	12	9		1069	Thomas Burney	12	8
	979	Tristan Taylor	11	24		1022	Will Sheaffer	10	4		1070	Jay Grant	10	7
	980	Tyler Tenny	11	12		LAKERIDGE (Scott Spear)				SUNSET (Dan Neeway)				
BEAVERTON (Joshua Hohensee)	981	Alan Wild	12	8		1023	Jack Chapman	11	42		1071	Shad Galloway	12	5
CANBY (Tom Millbrooke)	982	Neal Cranston	12	8		1024	Paul Corso	9	21		1072	Mason Gerwig	9	
	983	Tristan Oakes	11	7		1025	Aymeric Feyfant	10	31		1073	Parker Macmillan	11	30
	984	Cole Thomas	10	5		1026	Alex Harbert	12	4		1074	Austin Migchelbrink	12	14
CENTRAL CATHOLIC (Dave Frank)	985	Eric Brecht	11	4		1027	Matt Lautze	12	11		1075	Andy Muha	12	1
	986	Jalen Harris	10			1028	Henry Potter	11			1076	Ethan Reese	10	17
	987	Brady Lance	12	6		1029	Mathew Ragsdale	9	19		1077	Jakob Tew	12	3
	988	Gavin Macpherson	12	3		LINCOLN (Suzanne Parry)				TIGARD (Holly Paris)				
	989	Matthew McCausland	12	5		1030	Dominic Arce	12	3		1078	Cole Bankston	12	18
	990	Michael McCausland	12	1		1031	Ezra Berg	11	14		1079	Cole Grieb	10	6
	991	Cameron Thompson	11	2		1032	Connor Campbell	10	33		1080	Nathaniel Moss	12	51
CLACKAMAS (Randy Wallruff)	992	Harrison Methratta	12	10		1033	Carson Cohn	12	5		1081	Chase Pettibone	11	27
DAVID DOUGLAS (Isaac Frederick)	993	Max Hodge	11	8		1034	Ethan Harper	9	19		1082	Gustavo Sanchez	11	43
FOREST GROVE (Adrian Shipley)	994	Ivan Camacho	12			1035	Spencer Hutchinson	12	7		1083	Nicholas Speth	12	22
	995	Hyrum Hansen	12	11		1036	Jalen Javurek	10	13		1084	Jeremy Stephens	12	12
	996	MacKenzie Norman	11	3		MCMINNVILLE (Vic Downs)				TUALATIN (Andrew Bonica)				
	997	Quincy Norman	9	4		1037	Michael Abeyta	11	9		1085	Adam Klein	11	1
	998	Riley Stewart	12	5		1038	Cody Brown	11	15		1086	Andrew Payton	9	2
	999	David Thacker	12	19		1039	David Chupp	10	12		WEST LINN (Jay Schrotzberger)			
	1000	Gavin Vance	10	21		1040	Arel Espinoza	11	22		1087	Sam Bennett	9	15
FRANKLIN (Jim Hennessey / Jacob Michaels)	1001	Torrien Bruce	12	34		1041	Zane Fodge	10	2		1088	Avery Cook	10	9
	1002	Solomon Duke	10	27		1042	Miles Skene	12	20		1089	Jake Lally	12	34
	1003	Will Eaton	11	4		1043	Ben Stuart	12	24		1090	Dash Lipsey	9	23
	1004	Henry Mong	12	6		NEWBERG (Bruce Sinkbeil)				1091	Kenney McElroy	10	20	
	1005	Richard Puro	11	24		1044	Quinton Read	12	3		1092	John Wetzsteon	10	13
	1006	Davis Robbins	11	11		NORTH MEDFORD (Pieter Voskes)				1093	Graham Yotsuya	10	32	
	1007	Simon Walsh	11	10		1045	Jacob Allmaras	10	4		WEST SALEM (Rick Fordney)			
GRANT (Doug Winn)	1008	Keaton Holt	12	9		REYNOLDS (Tadd Reaney)				1094	Logan Divelbiss	12	14	
GRANTS PASS (Stan Goodell)	1009	James Baertschiger	10	35		1046	Nathan Geiger	11	21		1095	Cameron Douglas	12	17
	1010	Daniel Beckstead	10	17		1047	Tim Ivanishchuk	12	15		1096	Fabian Elizondo Jr	11	6
						1048	John Laferte	10	20		1097	Ben Johnson	12	10
						1049	Jayden Mueller	10	42		1098	Brennen Le Bel	11	13
						1050	Andy Solano	12	7		1099	Ahmed Muhumed	12	1
						1051	Erik Solano	12	9		1100	Hunter Schiess	12	23
						1052	John Stewart	9	38		WESTVIEW (Rebecca Martin)			
						ROOSEVELT (Jonquil Vann-Tessmer)				1101	Nathan Willins	11	7	
						1053	Lammi Kalil	11	8		WILSON (Thor Esbensen)			
						SHELDON (Forsha Brayce)				1102	Jackson Curtin	12	21	
						1054	Solomon Faulkner	12	40		1103	Elius Graff	12	12
						1055	Andrew Hall	10	24		1104	Aidan Manley	12	23
						1056	Jenner Higgins	12	5		1105	Kian Mitchell	11	20
						1057	Grayson Mazziotti	11	10		1106	Caleb Seely	12	2
						1058	Jesse Shaneyfelt	12	3		1107	Alex Slenning	11	1
						1059	Kelly Shedd	10	37		1108	Finn Tyvoll	10	15
						1060	Jackson Skortman	11	18					



## SHOW US YOUR FIGHTING SPIRIT

THE UNITED STATES MARINE CORPS IS PROUD TO INTRODUCE THE SEMPER FIDELIS ALL-AMERICAN PROGRAM, WHICH RECOGNIZES STUDENTS WHO SUCCEED BY HARNESSING THEIR FIGHTING SPIRIT. DO YOU HAVE WHAT IT TAKES?

- APPLY TO BE SELECTED AS ONE OF THE *ELITE*
- *EARN THE TITLE SEMPER FIDELIS ALL-AMERICAN*
- ATTEND THE *BATTLES WON ACADEMY IN WASHINGTON, D.C.*

SFAAP.MARINES.COM



## STEENS MOUNTAIN HIGH ALTITUDE RUNNING CAMP

*Developing Champions Since 1975*



- \* WATERFALLS, WILDLIFE, WILDERNESS
- \* HIKING, CAMPFIRES, TEAM OLYMPICS
- \* FLORA, FAUNA, FUN, FANTASTIC FOOD!
- \* GREAT SPEAKERS:  
MAX KING & MELODY FAIRCHILD
- \* GREAT PRE-SEASON TRAINING  
UP TO 9,500 FT
- \* COACHES WELCOME WITH TEAMS!

**2 SESSIONS AVAILABLE FOR ATHLETES**

**SESSION ONE - July 16-22, 2017**  
**SESSION TWO - July 23-29, 2017**

For more information and  
Registration Form go to:

***www.steens.camp***

E-Mail: steensmt@q.com  
Phone: 541-342-2337

MIP

MEDALIST IN PIZZA



BE LEGENDARY

ABBY'S INC., 2016



PROUD PARTNER

FEEL THE  
POWER  
OF LANE  
ATHLETICS



BASEBALL • BASKETBALL • CROSS COUNTRY • SOCCER • TRACK AND FIELD • VOLLEYBALL

 Lane  
Community College<sup>SM</sup>

[lanetitans.net](http://lanetitans.net)



# OSAA Girls Cross Country Championships

## Team State Champions Past 15 Years *(see [osaa.org/archive](http://osaa.org/archive) for all-time lists of team and individual champions)*

Year	Class	State Champion	Score	Coach	2 <sup>nd</sup> Place	Score	Coach	Site
2000	4A	Mountain View	68	Dave Hood	Jesuit	94	Tom Rothenberger	Lane Community College, Eugene
	3A	Rogue River	89	Nicki Wright	Philomath	97	Joe Fulton	Lane Community College, Eugene
	2A/1A	Oakridge	60	Ron Hebert	Union	66	Tom Hayes	Lane Community College, Eugene
2001	4A	South Eugene	130	Jeff Hess	Sunset	147	Ken Bell	Lane Community College, Eugene
	3A	Philomath	85	Joe Fulton	Rogue River	99	Nicki Wright	Lane Community College, Eugene
	2A/1A	Union	73	Tom Hayes	Catlin Gabel	81	John Hamilton	Lane Community College, Eugene
2002	4A	Jesuit	74	Tom Rothenberger	South Eugene	116	John Gillespie	Lane Community College, Eugene
	3A	Baker	65	Suzy Cole	Sisters	96	Charlie Kanzig	Lane Community College, Eugene
	2A/1A	Union	96	Steve Sheehy	Myrtle Point	107	Pat Towne	Lane Community College, Eugene
2003	4A	Jesuit	96	Tom Rothenberger	St. Mary's	162	Michael Bojorquez	Lane Community College, Eugene
	3A	Philomath	129	Joe Fulton	Siuslaw	134	Chris Johnson	Lane Community College, Eugene
	2A/1A	Union	97	Steve Sheehy	Bandon	103	Jeff Moore	Lane Community College, Eugene
2004	4A	Jesuit	68	Tom Rothenberger	Sheldon	126	Chris Yorges	Lane Community College, Eugene
	3A	Siuslaw	71	Chris Johnson	North Bend	128	Tracy Heley	Lane Community College, Eugene
	2A/1A	Catlin Gabel	74	John Hamilton	Central Linn	84	Kala Grotting	Lane Community College, Eugene
2005	4A	Jesuit	60	Tom Rothenberger	South Eugene	155	Jeff Hess	Lane Community College, Eugene
	3A	Siuslaw	81	Chris Johnson	North Bend	110	Tracy Heley	Lane Community College, Eugene
	2A/1A	Catlin Gabel	76	John Hamilton	Myrtle Point	93	Pat Towne	Lane Community College, Eugene
2006	6A	Jesuit	56	Tom Rothenberger	Sunset	101	Matt Burg & Daniel Neeway	Lane Community College, Eugene
	5A	Ashland	58	Bob Julian Jr.	Hermiston	78	Brant Lind	Lane Community College, Eugene
	4A	Siuslaw	50	Chris Johnson	Molalla	66	Gary Fisher	Lane Community College, Eugene
	3A/2A/1A	Catlin Gabel	74	John Hamilton	Coquille	130	Kori Frasier	Lane Community College, Eugene
2007	6A	Jesuit	35	Tom Rothenberger	St. Mary's Academy	63	Michael Bojorquez	Lane Community College, Eugene
	5A	Crater	16	Justin Loftus	Crescent Valley	50	Tyler Bushnell	Lane Community College, Eugene
	4A	Siuslaw	58	Chris Johnson	Sisters	98	Charlie Kanzig	Lane Community College, Eugene
	3A/2A/1A	St. Mary's	63	Joe Volk	Catlin Gabel	65	John Hamilton	Lane Community College, Eugene
2008	6A	Jesuit	36	Tom Rothenberger	St. Mary's Academy	108	Mike Bojorquez	Lane Community College, Eugene
	5A	Summit	25	Dave Clark	Crater	73	Justin Loftus	Lane Community College, Eugene
	4A	Siuslaw	36	Chris Johnson	Scappoose	122	Dave Harley	Lane Community College, Eugene
	3A/2A/1A	St. Mary's	82	Joe Volk	Catlin Gabel	92	John Hamilton	Lane Community College, Eugene
2009	6A	Jesuit	36	Tom Rothenberger	Tualatin	91	Paul Zitzelsberger	Lane Community College, Eugene
	5A	Summit	21	Dave Clark	Crescent Valley	91	Tyler Bushnell	Lane Community College, Eugene
	4A	Marist	58	Chase Wells	Siuslaw	66	Chris Johnson	Lane Community College, Eugene
	3A/2A/1A	St. Mary's	73	Joe Volk	Catlin Gabel	74	John Hamilton	Lane Community College, Eugene
2010	6A	Jesuit	48	Tom Rothenberger	South Eugene	76	Jeff Hess	Lane Community College, Eugene
	5A	Summit	35	Dave Clark	Mountain View	99	Don Stearns	Lane Community College, Eugene
	4A	Siuslaw	62	Chris Johnson	Hidden Valley	78	Stan Goodell	Lane Community College, Eugene
	3A/2A/1A	Catlin Gabel	90	John Hamilton	Valley Catholic	101	Eric Berge	Lane Community College, Eugene
2011	6A	South Eugene	53	Jeff Hess	Crater	63	Justin Loftus	Lane Community College, Eugene
	5A	Summit	16	Dave Clark	Bend	101	Kyle Will	Lane Community College, Eugene
	4A	Scappoose	82	David Harley	Klamath Union	83	Rob Coffman	Lane Community College, Eugene
	3A/2A/1A	Union	80	Steve Sheehy	Catlin Gabel	124	John Hamilton	Lane Community College, Eugene
2012	6A	Grant	66	Doug Winn	St. Mary's Academy	68	Michael Bojorquez	Lane Community College, Eugene
	5A	Summit	83	Carol McLatchie	Corvallis	91	Mark Hulburt	Lane Community College, Eugene
	4A	La Salle Prep	54	Brian Devine	Klamath Union	70	Rob Coffman	Lane Community College, Eugene
	3A/2A/1A	Union	60	Steve Sheehy	Valley Catholic	70	Eric Berge	Lane Community College, Eugene
2013	6A	Sunset	56	Dan Neeway	St. Mary's Academy	71	Michael Bojorquez	Lane Community College, Eugene
	5A	Summit	33	Carol McLatchie	Mountain View	81	Don Stearns	Lane Community College, Eugene
	4A	Molalla	50	Sheron Farner	Phoenix	71	John Cornet	Lane Community College, Eugene
	3A/2A/1A	Union / Cove	35	Steve Sheehy	St. Mary's, Medford	108	Joe Volk	Lane Community College, Eugene
2014	6A	South Eugene	66	Jeff Hess	Sunset	66	Dan Neeway	Lane Community College, Eugene
	5A	Summit	26	Carol McLatchie	Mountain View	75	Andy Young	Lane Community College, Eugene
	4A	Phoenix	57	John Cornet & Bruce Timmerman	Molalla	106	Sheron Farner	Lane Community College, Eugene
	3A/2A/1A	Union / Cove	58	Steve Sheehy	St. Mary's, Medford	59	Joe Volk	Lane Community College, Eugene
2015	6A	Sunset	45	Dan Neeway	Jesuit	54	Tom Rothenberger	Lane Community College, Eugene
	5A	Summit	23	Carol McLatchie	Mountain View	49	Mike Condon	Lane Community College, Eugene
	4A	Siuslaw	81	Rachelle Campbell	Sisters	105	Josh Nordell	Lane Community College, Eugene
	3A/2A/1A	St. Mary's	67	Joe Volk	Union	83	Steve Sheehy	Lane Community College, Eugene

# OSAA Boys Cross Country Championships

## Team State Champions Past 15 Years *(see [osaa.org/archive](http://osaa.org/archive) for all-time lists of team and individual champions)*

Year	Class	State Champion	Score	Coach	2 <sup>nd</sup> Place	Score	Coach	Site
2000	4A	Jesuit	86	Tom Rothenberger	Bend	97	Bob Latham	Lane Community College, Eugene
	3A	Molalla	106	Gary Fischer	Philomath	128	Joe Fulton	Lane Community College, Eugene
	2A/1A	Neah-Kah-Nie	53	Galen Carlile	Enterprise	91	Dan Moody	Lane Community College, Eugene
2001	4A	Bend	100	Bob Latham	Klamath Union	118	Rob Coffman	Lane Community College, Eugene
	3A	Wilsonville	50	David Barkley	Phoenix	102	Bruce Timmerman	Lane Community College, Eugene
	2A/1A	Stanfield	97	John Burke	Oakridge	97	Ron Hebert	Lane Community College, Eugene
2002	4A	Jesuit	115	Tom Rothenberger	Grant	115	Greg Cotton	Lane Community College, Eugene
	3A	Wilsonville	97	David Barkley	Philomath	111	Joe Fulton	Lane Community College, Eugene
	2A/1A	Oakridge	53	Ron Hebert	Enterprise	84	Dan Moody	Lane Community College, Eugene
2003	4A	Central Catholic	46	Alberto Salazar	Jesuit	95	Tom Rothenberger	Lane Community College, Eugene
	3A	Philomath	60	Joe Fulton	Siuslaw	92	Chris Johnson	Lane Community College, Eugene
	2A/1A	Wahtonka	94	Steve Thompson	Enterprise	106	Dan Moody	Lane Community College, Eugene
2004	4A	Jesuit	62	Tom Rothenberger	South Eugene	126	Jeff Hess & Jill Mestler	Lane Community College, Eugene
	3A	Siuslaw	45	Chris Johnson	Elmira	98	Tammy Schwartz	Lane Community College, Eugene
	2A/1A	McKenzie	97	J. Dundon / J. Sherman	Oakridge	124	Ron Hebert	Lane Community College, Eugene
2005	4A	Central Catholic	23	Dave Frank	Summit	117	Dave Clark	Lane Community College, Eugene
	3A	Wilsonville	134	David Barkley	Phoenix	135	Bruce Timmerman	Lane Community College, Eugene
	2A/1A	Oakridge	83	Ron Hebert	New Hope Christian	89	David Bowdoin	Lane Community College, Eugene
2006	6A	Central Catholic	56	Dave Frank	Jesuit	58	Tom Rothenberger	Lane Community College, Eugene
	5A	Crater	41	Justin Loftus	Klamath Union	74	Rob Coffman	Lane Community College, Eugene
	4A	North Bend	76	Tracy Heley	Estacada	84	Bonnie Day	Lane Community College, Eugene
	3A/2A/1A	Catlin Gabel	88	John Hamilton	Westside Christian	132	Scott Ball	Lane Community College, Eugene
2007	6A	Central Catholic	32	Dave Frank	Jesuit	68	Tom Rothenberger	Lane Community College, Eugene
	5A	Crater	52	Justin Loftus	Hermiston	54	Jacob Puzey	Lane Community College, Eugene
	4A	North Bend	52	Tracy Heley	Marist	54	Cathie Twomey Bellamy	Lane Community College, Eugene
	3A/2A/1A	Union	65	Steve Sheehy	Oakridge	112	Rob Hebert	Lane Community College, Eugene
2008	6A	Jesuit	27	Tom Rothenberger	Central Catholic	79	Dave Frank	Lane Community College, Eugene
	5A	Crater	42	Justin Loftus	Cleveland	110	Olivia Poblacion	Lane Community College, Eugene
	4A	Hidden Valley	37	Stan Goodell	Phoenix	73	Bruce Timmerman	Lane Community College, Eugene
	3A/2A/1A	Union	49	Steve Sheehy	Nyssa	67	Tom DeLong	Lane Community College, Eugene
2009	6A	Central Catholic	63	Dave Frank	Jesuit	88	Tom Rothenberger	Lane Community College, Eugene
	5A	Crater	25	Justin Loftus	Ashland	85	Bob Julian	Lane Community College, Eugene
	4A	Henley	49	Bob Freirich	Siuslaw	57	Chris Johnson	Lane Community College, Eugene
	3A/2A/1A	Nyssa	59	Tom DeLong	Union	109	Steve Sheehy	Lane Community College, Eugene
2010	6A	Crater	59	Justin Loftus	Central Catholic	75	Dave Frank	Lane Community College, Eugene
	5A	Hermiston	69	Jacob Puzey	Franklin	86	Jim Hennessey	Lane Community College, Eugene
	4A	Philomath	78	Joe Fulton	Siuslaw	93	Chris Johnson	Lane Community College, Eugene
	3A/2A/1A	Nyssa	41	Tom DeLong	Valley Catholic	106	Tommy Manning	Lane Community College, Eugene
2011	6A	South Eugene	56	Jeff Hess	Central Catholic	77	Dave Frank	Lane Community College, Eugene
	5A	Summit	44	Dave Clark	Hermiston	53	Jake Puzey	Lane Community College, Eugene
	4A	Siuslaw	36	Chris Johnson	North Valley	87	Rob Moeny	Lane Community College, Eugene
	3A/2A/1A	Valley Catholic	73	Tommy Manning	Pleasant Hill	106	Beth Sprague	Lane Community College, Eugene
2012	6A	Central Catholic	52	Dave Frank	Jesuit	76	Tom Rothenberger	Lane Community College, Eugene
	5A	Summit	33	Carol McLatchie	Cleveland	61	Tony Cantwell	Lane Community College, Eugene
	4A	Siuslaw	29	Chris Johnson	North Valley	52	Rob Money	Lane Community College, Eugene
	3A/2A/1A	Union	93	Steve Sheehy	East Linn Christian Academy	94	Gary Timms	Lane Community College, Eugene
2013	6A	Central Catholic	33	Dave Frank	Sheldon	94	Forsha Brayce	Lane Community College, Eugene
	5A	Summit	38	Carol McLatchie	Mountain View	64	Don Stearns	Lane Community College, Eugene
	4A	La Salle Prep	54	Tyrone Stammers	Siuslaw	89	Chris Johnson	Lane Community College, Eugene
	3A/2A/1A	Valley Catholic	74	Tommy Manning	Union / Cove	104	Steve Sheehy	Lane Community College, Eugene
2014	6A	Central Catholic	54	Dave Frank	Sunset	117	Dan Neeway	Lane Community College, Eugene
	5A	Summit	19	Carol McLatchie	Crater	61	Justin Loftus	Lane Community College, Eugene
	4A	Valley Catholic	58	Tommy Manning	Phoenix	95	John Cornet & Bruce Timmerman	Lane Community College, Eugene
	3A/2A/1A	Catlin Gabel	51	Chris Skrapits	Union / Cove	115	Steve Sheehy	Lane Community College, Eugene
2015	6A	Central Catholic	87	Dave Frank	Lincoln	112	Suzanne Parry	Lane Community College, Eugene
	5A	Summit	32	Carol McLatchie	Crater	36	Justin Loftus	Lane Community College, Eugene
	4A	Seaside	49	Neil Branson	Phoenix	65	Bruce Timmerman	Lane Community College, Eugene
	3A/2A/1A	Union	64	Steve Sheehy	Catlin Gabel	68	Chris Skrapits	Lane Community College, Eugene

# OSAA



25200 SW Parkway Avenue, Suite 1  
Wilsonville, OR 97070-9616

[www.osaa.org](http://www.osaa.org)

## About the OSAA

The OSAA is comprised of 290 member high schools representing more than 200 Oregon communities. A private non-profit, board-governed association, the OSAA is sanctioned by the Oregon State Board of Education and is a member of the National Federation of State High School Associations (NFHS).

## It's History

The OSAA began in 1918 when administrators from 36 schools recognized a need for an organization to coordinate and regulate high school interscholastic competition. Thus the Oregon State High School Athletic Association was formed. The name was changed in 1947 to reflect the inclusion of activities outside of traditional athletics.

## Mission Statement

The mission of the OSAA is to serve member schools by providing leadership and state coordination for the conduct of interscholastic activities, which will enrich the educational experiences of high school students. The OSAA will work to promote interschool activities that provide equitable participation opportunities, positive recognition and learning experiences to students, while enhancing the achievement of educational goals.

## What the OSAA Does

Much like the NCAA at the collegiate level, the OSAA regulates the eligibility and competition of all high school students in the state. This includes everything from determining which league a school will compete in to sponsoring and administering state championships.

## Funding

As a private, non-profit organization, the OSAA does not receive any state funding. Revenue is generated from three sources: school membership fees, state championship gate receipts and corporate sponsors.

## OSAA Activities

The OSAA sponsors 116 state championships for students competing in 19 interscholastic activities:

### Fall

Cross Country, Volleyball, Soccer, Football

### Winter

Cheerleading, Wrestling, Swimming, Basketball, Dance/Drill

### Spring

Speech, Solo Music, Choir, Band/Orchestra  
Golf, Tennis, Track & Field, Softball, Baseball

# EXECUTIVE BOARD



Don Grotting (Pres.)  
Superintendent  
David Douglas SD  
6A



Mark Hannan (V.P.)  
Principal  
Silverton HS  
5A



Andy Gardner  
Superintendent  
North Santiam SD  
4A



Tim France  
Principal  
Willamina HS  
3A



Jeff Clark  
Principal  
Oakland HS  
2A



Steve Boynton  
Superintendent  
Lincoln County SD  
1A



Mark Witty  
Superintendent  
Baker SD  
6A/5A/4A At-Large



Tony Guevara  
President  
Blanchet Catholic  
3A/2A/1A At-Large



Matt Posey  
School Board  
Dallas SD  
OSBA



Mark Horak  
Athletic Director  
West Linn HS  
OADA



Mary Lou Boderman  
Coordinator Music & Drama  
Salem-Keizer SD  
Activities



Tony Koontz  
AD/Coach  
Harrisburg HS  
OCA



Jack Foliard  
Executive Director  
OAOA

**OREGON SCHOOL ACTIVITIES ASSOCIATION**  
**2016-17 Delegate Assembly**

DISTRICT	TERM EXP		NAME	POSITION	SCHOOL / DISTRICT
6A-1 Portland Interscholastic League	2017		Petra Callin	Principal	Madison HS
6A-2 Metro League	2017		Ken Yarnell	Principal	Aloha HS
6A-3 Mt. Hood Conference	2019	*	Ken Richardson	Superintendent	David Douglas SD
6A-4 Three Rivers League	2018		Ken Bell	Principal	Sherwood HS
6A-5 Greater Valley Conference	2017		Susie Orsborn	Principal	West Albany HS
6A-6 Southwest Conference	2018	**	Russ Bolin	Administrator	Roseburg HS
5A-1 Northwest Oregon Conference	2018	**	Mark Pinder	Principal	Milwaukie HS
5A-2 Mid-Willamette Conference	2019	**EB	Mark Hannan	Administrator	Silverton SD
5A-3 Midwestern League	2018		Kelly Bokn	District Athletic Director	Eugene SD
5A-4 Intermountain Conference	2017		Sean Corrigan	Assistant Principal	Mountain View HS
5A-5 Columbia River Conference	2019	*	Rich Polkinghorn	Principal	Hood River Valley HS
4A-1 Cowapa League	2017		Jim Jones	Vice Principal	Scappoose HS
4A-2 Tri-Valley Conference	2018		Ryan Carpenter	Principal	Estacada HS
4A-3 Far West League	2017	**	Bill Lucero	Principal	North Bend HS
4A-4 Oregon West Conference	2017	**EB	Andy Gardner	Superintendent	North Santiam SD
4A-5 Sky-Em League	2019	*	Curtiss Scholl	Superintendent	Sisters SD
4A-6 Skyline Conference	2017		Dennis Misner	Principal	North Valley HS
4A-7 Greater Oregon League	2019	*EB	Mark Witty	Superintendent	Baker SD
3A-1 Lewis & Clark League	2019	**	Graden Blue	Principal	Rainier HS
3A-2 West Valley League	2018	EB	Tim France	Principal	Willamina HS
3A-3 PacWest Conference	2017	EB	Tony Guevara	President	Blanchet Catholic School
3A-4 Mountain Valley Conference	2018	**	Tony Jones	Administrator	Coquille SD
3A-5 Eastern Oregon League	2018		Marie Shimer	Principal	Riverside HS
3A-6 Southern Cascade League	2019	*	Jesse Hamilton	Principal	Lakeview HS
2A-1 Northwest League	2019	*	David Phelps	Superintendent	Nestucca Valley SD
2A-2 Tri-River Conference	2017		David Plotts	Principal	Santiam HS
2A-3 Mountain View Conference	2018	EB	Jeff Clark	Principal	Oakland HS
2A-4 Sunset Conference	2019	*	Justin Haworth	Assistant Principal	Waldport HS
2A-5 Columbia Basin Conference	2019	*	Matt Combe	Principal	Heppler HS
2A-6 Wapiti League	2018	**	Curt Shelley	Superintendent	John Day SD
1A-1 The Valley 10 League	2018		Mark Sherman	Vice Principal	Southwest Christian HS
1A-2 Casco League	2018	**	Adam Kronberger	Principal	Crosshill Christian School
1A-3 Mountain West League	2018	**EB	Steve Boynton	Superintendent	Lincoln County SD
1A-4 Skyline League	2019	*	Scott Yakovich	Principal	North Douglas HS
1A-5 Mountain Valley League	2019	**	Steve Prock	Principal	Gilchrist HS
1A-6 Big Sky League	2019	*	Jim Smith	Principal	Wheeler HS
1A-7 Old Oregon League	2018	**	Lance Dixon	Superintendent	North Powder SD
1A-8 High Desert League	2017		Ron Talbot	Superintendent	Harper SD
Oregon School Boards Assn	2017	**EB	Matt Posey	School Board	Dallas SD
Oregon Athletic Directors Assn	2019	*EB	Mark Horak	Athletic Director	West Linn HS
Activities Advisory Committee	2019	*EB	Mary Lou Boderman	Coord of Music/Drama	Salem-Keizer SD
Oregon Athletic Coaches Assn	2017	**EB	Tony Koontz	AD/Coach	Harrisburg HS
Oregon Athletic Officials Assn	2019	*EB	Jack Folliard	Executive Director	Officials Association

\* Newly elected    \*\* Re-elected  
(EB) OSAA Executive Board Member

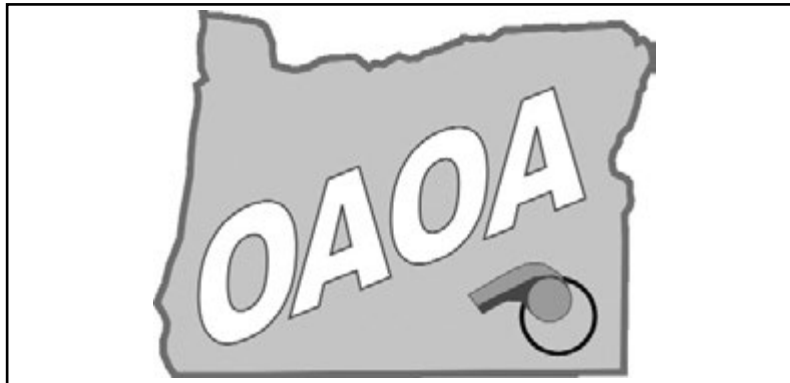


**We've got the athletes... We've got the games...**

# ***All We Need Is You!***

The Oregon Athletic Officials Association (OAOA) is looking for someone like you - a person who wants to get into the action and give something back to sports. Please take time to find out how to become a sports official.

**O R E G O N   A T H L E T I C   O F F I C I A L S   A S S O C I A T I O N**



**“Dedicated to the advancement of high school officiating in Oregon”**

For more information, contact Jack Folliard or Clark Sanders at the OAOA office:  
[jack@oreofficials.org](mailto:jack@oreofficials.org) / [clark@oreofficials.org](mailto:clark@oreofficials.org) / 503.682.6722 ext. 241 / [www.oreofficials.org](http://www.oreofficials.org)



**TREAT ALL PARTICIPANTS WITH RESPECT,  
LET THE PLAYERS PLAY,  
LET THE COACHES COACH,  
LET THE OFFICIALS OFFICIATE,  
POSITIVELY SUPPORT YOUR TEAM,  
KNOW THE RULES OF THE GAME,  
PURSUE VICTORY WITH HONOR,  
WIN WITH GRACE, LOSE WITH DIGNITY,  
PRACTICE “THE GOLDEN RULE”,  
MODEL GOOD SPORTSMANSHIP,  
IT'S ALL ABOUT RESPECT!**





**Look  
no further.**

With several personal checking accounts<sup>1</sup> and packages to choose from, we have an option you will benefit from... you can bank on that.

**All U.S. Bank Personal checking<sup>1</sup> accounts include:**

- Free credit score access<sup>2</sup> with Online Banking
- Mobile Banking<sup>3</sup>
- Bill Pay
- Access to more than 5,000 U.S. Bank ATMs
- Email and text alerts<sup>4</sup>
- U.S. Bank Visa<sup>®</sup> Debit Card

Stop in, visit us online or call to find the checking account that is right for you.

[usbank.com/checking](https://usbank.com/checking)





Title Sponsor



Title Sponsor



Official Balls



The Oregonian OREGONLIVE  
Oregonian Cup



Apparel/Footwear



Website



HEALTH  
Player of the Game



PACIFIC OFFICE AUTOMATION  
— PROBLEM SOLVED —  
Radio Network



Academic All-State



Official Beverage



Television/Streaming



Retail Sporting Goods



School Team Websites



Official Soccer Ball



Merchandise Partners



LEGENDARY PIZZA™  
Team Resource Partner



Media Partners